

拍數: 64 牆數: 2 級數: Easy Intermediate 編舞者: Robbie McGowan Hickie (UK) & Karl-Harry Winson (UK) - May 2019

音樂: Feeling Good (feat. Alexandre Joseph) - Ofenbach



Music Available on Download from iTunes & www.amazon.co.uk

** Dedicated to the Memory of our Dear Friend Lizzie Clarke ... a True Legend **

#32 Count intro

Syncopated Weave Right. Back Rock. Chasse Left.

1 Step Right to Right side.

2&3 Cross Left behind Right. Step Right to Right side. Cross step Left over Right.

4 Step Right to Right side.

5 – 6 Rock back on Left. Rock forward on Right.

7&8 Step Left to Left side. Close Right beside Left. Step Left to Left side.

Cross. Hold. & Behind. Hold. & Right Cross Rock. Chasse 1/4 Turn Right.

1 – 2 Cross step Right over Left. Hold.

&3 – 4 Step ball of Left to Left side. Cross Right behind Left. Hold.

&5 – 6 Step ball of Left to Left side. Cross rock Right over Left. Rock back on Left.

7&8 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on

Right.

1/2 Turn Right. Walk Back. Left Coaster Step. Step Forward. Scuff/Hitch 1/4 Turn Right. 2 x Hip Sways.

1 – 2 Make 1/2 turn Right stepping back on Left. Step back on Right. (Facing 9 o'clock)

3&4 Step back on Left. Step Right beside Left. Step forward on Left.

5 – 6 Step forward on Right. Scuff Left beside Right and Hitch Left knee up as you turn 1/4 Right.

7 – 8 Step Left to Left side swaying hips Left. Sway hips Right. (Facing 12 o'clock)

Chasse 1/4 Turn Left. 2 x 1/2 Turns Left. Right Forward Rock. Right Coaster Cross.

Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
Rock forward on Right. Rock back on Left. (Facing 9 o'clock)
Step back on Right. Step Left beside Right. Cross step Right over Left. (Turn to Face Left

Diagonal)

Diagonal Rock Forward. Left Lock Step Back. Right Heel Grind 1/4 Turn Right. Right Lock Step Back.

1 – 2 Rock Left forward into Left Diagonal. Rock back on Right.

(Still on Left Diagonal) Step back on Left. Lock step Right over Left. Step back on Left.
 Touch Right heel out to Right side and Grind heel making 1/4 turn Right – fanning toes to

Right side.

6 Recover weight on Left. (You should now be Facing Right Diagonal)

7&8 (Still on Right Diagonal) Step back on Right. Lock step Left over Right. Step back on Right.

Left Side Rock. Behind & Cross. 1/4 Turn Right. 1/2 Turn Right. Right Shuffle 1/2 Turn Right.

1 - 2 Rock Left out to Left side (Straighten up to 9 o'clock). Recover weight on Right.
 3&4 Cross Left behind Right. Step Right to Right side. Cross step Left over Right.

5 – 6 Make 1/4 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left.

7&8 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 12 o'clock)

Left Forward Rock. Left Shuffle 1/2 Turn Left. Stomp Forward. Hold. & Step Forward. Scuff.

1 – 2	Rock forward on Left. Rock back on Right.
3&4	Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 6 o'clock)
5 – 6	Stomp forward on Right. Hold (Spreading hands out to each side)
& 7 – 8	Step ball of Left beside Right. Step forward on Right. Scuff Left forward and slightly across Right.

Left Cross Rock. Chasse 1/4 Turn Left. Paddle 1/4 Turn Left. Paddle 1/2 Turn Left.

1 – 2 Cross rock Left over Right. Rock back on Right.

3&4 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.

5 – 6 Step forward on Right. Pivot 1/4 turn Left.

See Ending Below

7 – 8 Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)

Start Again

Ending: Dance ends towards the End of Wall 5...Dance to Count 62 then Cross Right over Left and Hold