

# Seize Onto Happiness

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Virginia W. F. Tsui (CAN) - January 2019  
音樂: 开开心心每一天 - 囚鳥



## #32 count intro

### SIDE, BEHIND, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH

- 1 2      Step left to side, cross right behind left
- 3 4      Step left to side, touch right next to left
- 5 6      Step right to side, touch left next to right
- 7 8      Step left to side, touch right next to left

### SIDE, BEHIND, SIDE, TOUCH, FWD ROCK ¼TURN LEFT, BACK ROCK

- 1 2      Step right to side, cross left behind right
- 3 4      Step right to side, touch left next to right
- 5 6      Step forward on left, recover onto right
- 7 8      ¼ turn left, step back on left, recover onto right (9:00)

### FWD, FWD, FWD, KICK (CLAP), BACK, BACK, BACK, TOUCH (CLAP)

- 1234      Walk forward LRL, kick right forward & clap hands
- 5678      Step back RLR, touch left next to right & clap hands

### MONTEREY ¼ TURN LEFT, SIDE TOUCH, TOGETHER, JAZZ BOX

- 1 2      Touch left to the side, ¼ turn left & step left next to right
- 3 4      Touch right to side, step right next to left
- 5 6      Step left forward, cross right over left
- 7 8      Step back on left, step right next to left (6:00)

Tag: After wall 3 & wall 9 add 4 counts claps

Enjoy!