

Going Under

拍數: 32 牆數: 2 級數: Intermediate NC2S
編舞者: Julia Wetzel (USA) - May 2019
音樂: Someone You Loved - Lewis Capaldi



Intro: 8 counts, start with lyrics (9 sec. into track)

[1 – 8] Back, Behind, Side, Cross Rock, ½ L Basic, Scissor, ¼ L

- 1, 2& Step R back sweep L to back (1), Step L behind R (2), Step R to right side (&) 12:00
3, 4& Cross rock L over R (3), Recover R (4), ¼ Turn left step L fw (&) 9:00
5, 6& ¼ Turn left step R to right side (5), Close L behind R (6), Cross R over L (&) 6:00
7&8& Step L to left side (7), Close R next to L (&), Cross L over R (8), ¼ Turn left step R back (&) 3:00

[9 – 16] ½ L, Run, Run, Hitch, Back, Back, ¼ R Sway R L R, ½ L Sweep, Cross, Side

- 1, 2& ½ Turn left step L fw (1), Step R fw (2), Step L fw (&) 9:00
3, 4& Rise up on ball of L and hitch R (prepare to step back) (3), Step R back (4), Step L back (&)
Optional Styling: Sweep both arms fw as you hitch (3). This motion is to simulate an abrupt change in direction as if a rug is being pull out from under you (but in a graceful manner) matching lyrics "pull the rug". Bring arms in as you step back 9:00

- 5, 6& ¼ Turn right step R to right side sway right (5), Sway left (6), Sway right (&) 12:00
7, 8& ½ Turn left on L sweep R to front (7), Cross R over L (8), Step L to left side (&) 6:00

***Restart on Wall 2 facing 12:00**

[17- 24] Back Rock, ½ L Back Rock, Full Turn R, Serpentine Weave, ¼ L

- 1, 2& Rock R back (1), Recover L (2), ½ Turn left step R back (&) 12:00
3, 4& Rock L back (3), Recover R (4), ½ Turn right step L back (&) 6:00
5, 6& ½ Turn right step R fw sweep L to front (5), Cross L over R (6), Step R to right side (&) 12:00
7, 8& Step L back sweep R to back (7), Step R behind L (8), ¼ Turn left step L fw (&) 9:00

[25 – 32] Spiral L, Run, Run, Sweep, Cross, Back, Back, Cross, ¼ L Back, Side, Cross, Point, Mod. Monterery L

- 1, 2&3 Step R fw and spiral full turn L on R (1), Step L fw (2), Step R fw (&), Step L fw sweep R to front (3)

Extra Turning Option (Recommended for Wall 4): Step L fw (2), ½ Turn left step R back (&), ½ Turn left step L fw sweep R to front (3) 9:00

- 4&5& Cross rock R over L (4), Step L back (&), Step R back body face right diag. (5), Cross L over R (&) 10:30
6&7 ¼ Turn left step R back (6), Step L to left side square to 6:00 (&), Cross R over L (7) 6:00
8&1 Point L to left side torque upper body to right side (8), Close L next to R and full turn left on L (&), Step R back sweep L to back (1) 6:00

Restart: On Wall 2 dance up to Count 16& (Step L to left side) then restart facing 12:00

Ending: On Wall 6 dance up to Count 8 (Cross L over R) then point R to right side facing 12:00

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