Oh Me Gusta



拍數: 96 牆數: 2 級數: Phrased High Intermediate

編舞者: Jason Takahashi (USA) - June 2019

音樂: Me Gusta - Mikolas Josef



Dance begins after 8 counts

Sequence: ABCD^ ABCD^ ACCD^^D

Section A: 32 Counts

A[1-9] Side, Cross Rock, Recover, Side, Cross, ¼ R Step Back, Cha Cha Right, Cross, Spiral ¾ R

Step R to R (1), Cross Rock L over R (2), Recover weight on R (&), Step L to L (3) [12:00] 1, 2&3 4, 5, 6&7 Cross R over L (4), Turn ¼ R Stepping Back on L [3:00] (5), Turn ¼ R Stepping R to R [6:00]

(6), Step L next to R (&), Step R to R (7) [6:00]

Cross L over R (8), 3/4 Spiral Turn to R keeping weight on L (1) [3:00] 8, 1

A[10-17] Side Rock, Recover, Cross, Side Rock, Recover, Behind, Side, Forward, Step, Full Spiral L

2&3 Rock R to R (2), Recover weight on L (&), Cross R over L (3) [3:00]

4, 5 Rock L to L (4), Recover weight on R (5) [3:00]

6&7 Cross L behind R (6), Step R to R (&), Step L Forward (7) [3:00]

Step R Forward (8), Full Spiral Turn to L keeping weight on R (1) [3:00] 8, 1

A[18-24] Forward Lock Step, Rock, Recover w/ Sweep, Behind, ¼ L Step Forward, Step, Pivot ½ L

Step L Forward (2), Lock R behind L (&), Step L Forward (3) [3:00] 2&3

4, 5 Rock R Forward (4), Recover weight on L while Sweeping R from Front to Back (5) [3:00] 6&7 Cross R behind L (6), Turn 1/4 L Stepping L Forward [12:00] (&), Step R Forward (7) [12:00]

8 Pivot ½ Turn L finishing with weight on L (8) [6:00]

A[25-32] ½ L Step Back, Back Lock Step, Back Rock, Recover, Mambo, Collect, Step

Turn ½ L Stepping Back on R [12:00] (1), Step L Back (2), Lock R over L (&), Step L Back (3) 1, 2&3 [12:00]

4, 5 Rock R Back (4), Recover weight on L (5) [12:00]

6&7 Rock R Forward (6), Recover weight on L (&), Step R next to L (7) [12:00]

8 Step L Forward (8) [12:00]

Section B: 32 Counts

4&5

B[1-8] Heel Grind R & L, Cross, Cha Cha Left w/ Flick, Cross

Cross R Heel over L and press into floor(1), Fan Toes from L to R (1-2), Step L to L (2), 1-2&

Close R next to L (&) [12:00]

Cross L Heel over R and press into floor (3), Fan Toes from R to L (3-4), Step R to R (4), 3-4&

Close L next to R (&) [12:00]

5, 6&7 *, 8 Cross R over L (5), Step L to L (6), Step R next to L (&), Step L to L while Flicking R Heel

up (7), Cross R over L (8) [12:00]

*Style Note: Slight jump as you Step L to L (7) to give Flick more emphasis

B[9-16] ½ L Step Forward w/ Sweep, Cross, Side, Behind, Side Rock, Recover, Behind, Out, Out, Together, Run x2

I WIII AZ	
1	Turn ½ L Stepping Forward on L while Sweeping R from Back to Front (1) [6:00]
2&3	Cross R over L (2), Step L to L (&), Cross R behind L (3) [6:00]

6&7

Rock L to L (4), Recover weight on R (&), Cross L behind R (5) [6:00] Step R to R (6), Step L to L (&) (Should be about shoulder width apart), Slide both feet

together to Center with small jump (7) [6:00]

88 Step R Forward (8), Step L Forward (&) [6:00]

B[17-24] Hip Rock, Recover, Step, Hold (x2)

1, 2, 3-4	** Rock R Forward on Ball, pushing Hips Forward (1), Recover weight on L, pushing Hips
	Back (2), Step R Forward (3), Hold (4) [6:00]

5 ,6, 7-8 ** Rock L Forward on Ball, pushing Hips Forward (5), Recover weight on R, pushing Hips Back (6), Step L Forward (7), Hold (8) [6:00]

B[25-32] Rock, Recover, Touch, Body Roll, Back, ½ R Step Forward, Side Rock, Recover, Cross

1, 2, 3-4 Rock R Forward (1), Recover weight on L (2), Touch R Back (3), Body Roll back to weight on R (3-4) [6:00]

5, 6 Step L Back (5), Turn ½ R Stepping Forward on R (6) [12:00]

7&8 Rock L to L (7), Recover weight on R (&), Cross L over R (8) [12:00]

Section C: 16 Counts

C[1-8] Samba Whisk x2, 1/8 R Botafogo, 5/8 L Volta

Step R to R (1), Rock L behind R (&), Recover weight on R across L (2) [12:00]

Step L to L (3), Rock R behind L (&), Recover weight on L across R (4) [12:00]

Turn 1/2 R Crossing R slightly over L [1:30] (5), Rock L to L (&), Recover weight on R (6)

7&8& Make a % Turn over L Stepping L slightly to L (7), Close R behind L (&), Repeat L(8), R(&) [6:00]

C[9-16] Touch & Cross x2, Rock, Recover, Touch x2

Touch L to Front, weight still on R, twisting body slightly to L (1), Close L next to R (&), Cross R over L (2) [6:00]

Step L to L (&), Touch R to Front, weight still on L, twisting body slightly to R (3), Close R next to L (&), Cross L over R (4) [6:00]

5, 6 Rock R Forward (5), Recover weight on L (6) [6:00]

&7&8 *** Step R Back (&), Touch L Toe in Front (7), Step L Back (&), Touch R Toe in Front (8)

***Style Note: May stylize the toe touches as batucadas

Section D: 16 Counts

D[1-8] 3/4 Diamond to L w/ Hitches, Back, Coaster Step

8.1&2& Turn ½ R Stepping Forward on R [7:30] (&), Cross L over R (1), Turn ½ L Stepping R to R [6:00] (&), Turn ½ L Stepping L Back [4:30] (2), Hitch R (&) [4:30]
 3&4& Stepping Forward on R [1:30] (4), Hitch L (&) [1:30]

5&6& Cross L over R (5), Turn 1/8 L Stepping R to R [12:00] (&), Turn 1/8 L Stepping L Back [10:30]

(6), Hitch R (&) [10:30]

7, 8&1 Step R back (7), Step L back (8), Step R next to L (&), Step L Forward (1) [10:30]

D[10-16] Syncopated High Lock x2, 1/4 L Side Rock, Recover, Cross, 1/8 R Step Back

Step R Forward on Ball (&), Lock L behind R on Ball (2), Step R Forward (&), Step L Forward (3) [10:30]

Step R Forward on Ball (&), Lock L behind R on Ball (4), Step R Forward (&), Step L Forward (5) [10:30]

Turn ¼ L Rocking R to R [7:30] (6), Recover weight on L (&), Cross R over L (7) [7:30]

8 Turn 1/8 R Stepping Back on L [9:00] (8)

^D to A

6&7

1 Turn ¼ R Stepping R to R [12:00]

^^D to D

& Turn % R Stepping R Forward [7:30]

Last Update - 5 June 2019

^{**} Style Note: Slowly transfer weight after stepping forward, pushing hips slightly forward, to fill out count instead of a static hold

