One Shot



編舞者: Pooi Kuan (MY) - May 2019 音樂: One Shot by Young Gee



Dance starts after 32 counts Start on the vocal

Section 1: Vine to R, Hip Bump 4 times

1 2 3 4 Step RF to R, Step LF behind, Step RF to R, Cross LF over RF

5 6 7 8 Step RF to R & Bump Hip to R 4 times

Section 2: Vine to L, Left Hip Bump 4 times

1 2 3 4 Step LF to L, Step RF behind, Step LF to L, Cross RF over LF

5 6 7 8 Step LF to L & Bump Hip to L 4 times

Section 3: 1/4R turn, Step, Kick, Step, Touch

1 2 3 4 1/4R Turn, Step RF Forward, Kick LF Forward, Step LF Back, Touch RF Back

5 6 7 8 Step RF Forward, Kick LF Forward, Step LF Back, Touch RF Back

Section 4: Twist to R, Flick, Twist to L, Flick

Swivel heels out to R, Swivel toes out to R, Swivel heels out to R, Flick LF Back
Swivel toes out to L, Swivel heels out to L, Swivel toes out to L, Flick RF Back

No Tag No Restart

~~~ Enjoy! ~~~

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