Sittin' on the Dock of the Bay

級數: Beginner

編舞者: Laura Rittenhouse (AUS) - June 2019

音樂: (Sittin' On) The Dock of the Bay - Otis Redding

Start with lyrics

LOCK FORWARD

拍數: 32

- Step R forward, Lock L behind R, Step R forward, Swing L forward 1,2,3,4
- 5,6,7,8 Step L forward, Lock R behind L, Step L forward, Touch R

VINE RIGHT & LEFT

1,2,3,4 Step R to R, Cross L behind R, Step R to R, Touch L beside R 5,6,7,8 Step L to L, Cross R behind L, Step L to L, Touch R beside L

LOCK BACK

- Step R back, Lock L in front of R, Step R back, Swing L back 1,2,3,4
- 5,6,7,8 Step L back, Lock R in front of L, Step L back, Touch R

SIDESTEP TURN

- 1,2,3,4 Step R to R, Touch L beside R, Step L to L, Touch R beside L
- 5,6,7,8 Turn 1/4 to L stepping R (9:00), Touch L beside R, Step L to L, Touch R beside L





牆數:4