Highland



拍數: 32 編數: 4 級數: Intermediate

編舞者: Aris Liepins (SCO) - June 2019 音樂: Highland - One More Time



Clap hands optionally when heavy beat starts

Intro: Begin on lyrics

2X IRISH SHUFFLES. FULL TURN ON 2 STEPS WITH HITCHES. 3X STOMPS

1&2& Chassé forward right-left-right and flick left 3&4& Chassé forward left-right-left and flick right

5&6& Step right back, hitch left carrying turn 1/2 left on a ball of right, step left forward, hitch right

carrying turn 1/2 left on a ball of left

7&8 Stomp right- left- right (weight eventually on both)

2X GRAPE VINES (LIGHT SMALL STEPS), 4X TOUCH-TOGETHER STEPS (2X SIDE 1X FORWARD 1X POINT)

1&2& Step right side, cross left behind, right to right, brush left forward

3&4 Step left side, cross right behind, left to left

5&6& Touch right side, step together, touch left side, step together

7&8& Touch forward right heel, step together, point left toe behind right, step together

SYNCOPATED GRAPE VINE INTO A CROSS SHUFFLE, KICK-BEHIND- 1/4 TURN STEP, FULL TURN ON 2 STEPS

12 Step right side, cross left behind

&3&4 Step right side, left across right, right to right-left across right

5&6 Kick right diagonally out, step behind left, step left forward into 1/4 left turn

78 Carry out full left turn stepping forward right-left

2X JAZZ BOX STEPS (SMALL LIGHT STEPS), SHUFFLE, KICK, COASTER STEP

1&2 Cross right over, slightly left back, right to right
3&4 Cross left over, slightly right back, left to left
5&6& Chassé forward right- left- right &kick forward left
7&8 Step left back, right together, step left forward

REPEAT

TAG: After walls 3, 6 and 8 (3, 6 and 12) repeat section 4 on an extra phrase

ENDING: Stay with arms raised on a slow musical outro phrase