Only When It Rains

拍數: 32

級數: High Improver

編舞者: Karianne Heimvik (NOR) - July 2019

音樂: Only When It Rains - Frank Walker & Astrid S

(1-8) step back and drag, ball change, step, step, shuffle fwd

- 1,2,3,4 step back on RF, drag LF back to RF (on 2,3,4)
- &5,6 step on ball of LF and step RF fwd, step fwd on LF
- step RF fwd, step LF next to RF, step RF fwd 7&8

(9-16) pivot 1/2, pivot 1/2, rock step, shuffle 1/2 turn

- step LF fwd, make 1/2 turn to right stepping onto RF 1,2
- 3,4 step LF fwd, make 1/2 turn to right stepping onto RF
- 5,6 rock fwd on LF, recover weight to RF
- make 1/4 turn to left stepping LF to right, step RF next to LF, make 1/4 turn to left stepping fwd 7&8 on LF

(17-24) ¼ turn step and drag, ball change step ¼ turn, step ¼ turn, step, scissor step

- make ¹/₄ turn to left stepping RF to right, drag LF to RF (on 2,3,4) 1,2,3,4
- &5,6 step on ball of LF, make 1/4 turn to right stepping onto RF, step fwd on LF
- 7&8 step RF to right, step LF next to RF, cross, RF over LF

(25-32) full spiral turn, scissor step, step, 1/4 turn coaster step

- 1,2,3 step LF to left and make full turn to right drawing your RF over left shin (1,2), step RF down (3)
- step LF to left, step RF next to LF, cross LF over RF, make 1/4 turn to left stepping back on 4&5,6 RF while sweeping LF front to back
- 7&8 step back LF, step RF next to LF, step fwd on LF

Start dance again!

Enjoy!





牆數:4