

The Way You Roll

拍數: 32 牆數: 1 級數: Beginner
編舞者: Alexandra Schmitt (DE) - July 2019
音樂: The Way You Roll - Chad Brownlee



Notes: 1 Tag, 1 Restart

Dance starts after 12 counts with the vocals.

S1: Touch Forward/Double Hip Bumps, Coaster Step, Touch Forward/Double Hip Bumps, Coaster Step

1&2 Touch R toe forward and bump hips to R (1), L (&), R (2)
3&4 Step back on R (3), step L next to R (&), step forward on R (4)
5&6 Touch L toe forward and bump hips to L (1), R (&), L (2)
7&8 Step back on L (7), step R next to L (6), step forward on L (8)

S2: Mambo Forward, Mambo Back, Step-Pivot ½ L-Step, Shuffle Forward

1&2 Step forward on R (1), recover on L (&), step back on R (2)
3&4 Step back on L (3), recover on R (&), step forward on L (4)
5&6 Step forward on R (5), ½ turn left (&) (6:00), step forward on R (6)
7&8 Step forward on L (7), step R next to L (&), step forward on L (8)

S3: Scissor Step, R + L, Touch-Heel-Stomp, R + L

1&2 Step R to right (1), step L next to R (&), cross R over L (2)
3&4 Step L to left (3), step R next to L (&), cross L over R (4)

(Restart: Wall 6 at 12:00)

5&6 Touch R toe beside L (5), touch R heel beside L (&), stomp R forward (6)
7&8 Touch L toe beside R (7), touch L heel beside R (&), stomp L forward (8)

S4: Step-Pivot ¼ L-Cross, Grapevine L Scuff, Side-Behind-¼ Turn R, Step-Pivot ½ R-Step

1&2 Step forward on R (1), ¼ turn right (&) (3:00), cross R over L (2)
3&4& Step L to left (3), Step R behind L (&), Step L to left (4), scuff R forward (&)
5&6 Step R to right (5), Step L behind R (&), ¼ turn right (6) (6:00)
7&8 Step forward on L (7), ½ turn right (&) (12:00), step forward on L (8)

Start again.

Tag: 4 counts after wall 1 (12:00)

Mambo Forward Turning ½ R, Coaster Step

1&2 Step forward on R (1), recover on L (&), ½ turn right (6:00) and step forward on R (2)
3&4 Step back on L (3), step R next to L (&), step forward on L (4)