Workin' On The Twerk

級數: Ultra Beginner/Beginner

編舞者: Helaine Norman (USA) - July 2019

音樂: Buzzin' (feat. RaeLynn) - Blake Shelton

Intro: 16 - No Tags or Restarts - 1 or 4 wall

I. Vines

- 1-4 Step R side, Step L behind R, Step R side, Touch L together
- 5-8 Step L side, Step R behind L, Step L side, Step R together

Optional for 4 and 8: Hitches

拍數: 32

II. Step Touches, Walk Back X3 Touch

- Step R forward diagonally, Touch L together 1-2
- 3-4 Step L forward diagonally, Touch R together
- 5-8 Walk R back, walk L back, walk R back, Touch L together
- **Optional for 8: Hitch**

III. Stationary Rocks, Step

- Rock L forward, hold 1-2
- 3-4 Rock R back, hold
- 5-6 Rock L forward, Rock R back
- 7-8 Rock L forward, step R together (weight on both feet)

Optional for 1-8: Rocks with hip

Optional for 7-8: Step L forward making ¼ turn left, Step R together

IV. Shake X2 (Twerk), Out Out In In (V-Step), Shake X2 (Twerk)

- Bend forward (slightly) weight on both feet, while shaking butt and hips X2 1-2
- 3-4 Step R forward diagonal, Step L forward diagonal
- 5-6 Step R back, Step L together
- Bend forward (slightly, weight on both feet) while shaking butt and hips X2 7-8

Optional for 3-6: Steps straight forward and back

Repeat

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