

# Hand in My Pocket

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Laura Rittenhouse (AUS) - August 2019  
音樂: Hand In My Pocket - Alanis Morissette



Start with lyrics

## RIGHT SIDESTEP, CROSS BEHIND, SIDE SHUFFLE, LEFT SIDESTEP, CROSS BEHIND, SIDE SHUFFLE

1,2,3&4      Step R to R, Cross L behind R, Side shuffle R (Step R,L,R)  
5,6,7&8      Step L to L, Cross R behind L, Side shuffle L (Step L,R,L)

## ROCKING CHAIR, JAZZ BOX TURN

1,2,3,4      Rock forward R, Recover L, Rock back R, Recover L  
5,6,7,8      Cross R over L, Step L back, Step R turning ¼ R, Step L to L side (3:00)

## CROSS OVER, STEP BESIDE, SAILOR STEP, CROSS OVER, STEP BESIDE, SAILOR STEP

1,2,3&4      Cross R over L, Step L to L, Cross R behind, Step L to L, Step R beside L  
5,6,7&8      Cross L over R, Step R to R, Cross L behind, Step R to R, Step L beside R

## ROCK, TURN AND SHUFFLE, ROCK, COASTER

1,2,3&4      Rock R fwd, Recover L, Turn ½ R shuffle fwd (Step R,L,R) (9:00)  
5,6,7&8      Rock L fwd, Recover R, Step L back, Step R beside L, Step L forward

**Note:** This dance really should be done with one hand in your pocket. Once you're familiar with the dance, add the gestures for the other hand (giving a high 5, flicking a cigarette, giving a peace sign, playing the piano, hailing a taxicab).