I'm So Dizzy

級數: Beginner

編舞者: Paulette Chang (USA) - August 2019

音樂: Dizzy - Scooter Lee

#32 count intro

Sec. 1. Rt shuffle forward, Rock recover, Lt shuffle back, Rock recover

牆數: 4

- 1&2,3,4 Rt Forward shuffle, Rock Lt forward, recover Rt
- 5&6,7,8 Lt back shuffle, Rock Rt back, Recover Lt

Sec.2. Rt side rock, cross shuffle, Lt side Rock, cross shuffle

- 1,2,3&4 Rt rock R side, recover Lt, Cross shuffle over Lt
- 5,6,7&8 Lt rock L side, recover Rt, Cross shuffle over Rt

Sec 3. Rt step R, ¼ turn Lt, forward Rt Shuffle, Rock Lt recover, Lt coaster

- 1,2,3&4 Step Rt to R, ¼ Turn L onto Lt, Forward Rt Shuffle
- 5,6,7&8 Rock Lt forward, recover Rt, Lt coaster step

Sec.4. Rt toe forw, side, Sailor, Lt toe forw, side, Sailor

- 1,2,3&4 Touch Rt toe forward, touch to R side, Rt sailor step
- 5,6,7&8 Touch Lt toe forward, touch to L side, Lt sailor step

End of dance stomp Rt, Lt (after L sailor)





拍數: 32