

Wild and Easy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 1
編舞者: Karen Tripp (CAN) - August 2019
音樂: Wild - Lolo : (iTunes, amazon)



Walls 1 (or two or four), No Tags, No Restarts

Wait 16 counts

[1-8] SIDE SHUFFLE, DIAGONAL ROCK BACK, RECOVER (ALL 2X) (1:00)

- 1&2 Step right to side, close left next to right, step right to side
- 3-4 Rock back on left opening body to face 10:30, recover forward to right
- 5&6 Step left to side squaring up to 12:00, close right to left, step left to side
- 7-8 Rock back on right opening body to face 1:00, recover forward to left, remain facing 1:00

[9-16] WALK 3, KICK FORWARD, BACK 3, TOUCH (1:00)

- 1-4 Walk forward right, left, right, low kick left forward
- 5-8 Walk back left, right, left, touch right next to left (1:00)

[17-24] K-STEP WITH SHUFFLES (12:00)

- 1-2 Step right forward (still facing 1:00), touch left next to right
- 3&4 Shuffle diagonally back left, right, left, squaring up to 12:00
- 5-6 Step right diagonally back, touch left next to right
- 7&8 Shuffle diagonally forward left, right, left

[25-32] 4X HIP ROLLS (PADDLES) FULL AROUND (12:00)

- 1-8 Make a ¼ turn left while stepping right toe forward pushing weight into right hip, recover weight to left. Continue this action 3 more times to make a full turn and end facing 12:00.

Note: This dance can easily be modified to be a 4-wall or 2-wall dance by modifying how much you turn the last 8 counts.

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