Where It At?

拍數: 32

級數: Beginner

編舞者: Liz Atkinson (USA) - August 2019

音樂: Where It At? - Trombone Shorty

#32 count intro - No Tags/ No restarts!

S1: TOE STRUTS X2, FWD ROCK, RECOVER, 1/4 R SIDE ROCK, RECOVER

- Touch R toe to front, step down on R heel, touch L toe to front, step down on L heel 1, 2, 3, 4
- 5,6 Rock forward on RF, recover LF
- 7,8 Open 1/4R and rock RF to R side, recover LF (3:00)

S2: SHUFFLE BACK X2, REVERSE ROCKING CHAIR

- 1&2 Shuffle back RF-LF-RF
- 3&4 Shuffle back LF-RF-LF
- 5, 6 Rock back on RF, recover LF
- 7,8 Rock forward on RF, recover LF (3:00)

S3: R SIDE MAMBO, L SIDE, TOGETHER, L SIDE MAMBO, R SIDE, TOGETHER

- 1&2 Step RF to R side, recover LF, step RF together
- 3, 4 Step LF to L side, step RF together
- 5&6 Step LF to L side, recover RF, step LF together
- 7,8 Step RF to R side, step LF together (3:00)

S4: KICK BALL CHANGE X2, 1/4 PIVOT L X2

- 1&2, 3&4 Kick RF forward, step on ball of RF next to LF, step LF next to RF (repeat)
- 5, 6, 7, 8 Step RF forward, pivot 1/4 L onto LF (repeat) (9:00)

*ENDING (10th sequence / 3rd time starting at 9:00)

Finish with two 1/2 pivots (rather than two 1/4 pivots) so that you finish facing the front. Step RF to R side for the "ta-da" pose.

Contact: dancinlizard@gmail.com - Asheville, NC





牆數:4