Yes I Can



拍數: 64 牆數: 2 級數: High Improver

編舞者: Jason Takahashi (USA) - August 2019

音樂: Yes Yes I Can - Rayelle



Dance begins after 48 counts

[1-8] Step, Touch, Point, Hitch, L Jazz Box, Cross

| 1, 2 | Step R to R (1), Touch L beside R (2) [12:00] |
|------|--|
| 3, 4 | Point L to L (3), Hitch L Knee up (4) [12:00] |
| 5, 6 | Cross L over R (5), Step R back (6) [12:00] |
| 7, 8 | Step L to L (7), Cross R slightly over L (8) [12:00] |

[9-16] Left K - Step

| 1, 2 | Step L forward to L diagonal (1), Touch R together (2) [12:00] |
|------|--|
| 3, 4 | Step R back to R diagonal (3), Touch L together (4) [12:00] |
| 5, 6 | Step L back to L diagonal (5), Touch R together (6) [12:00] |
| 7, 8 | Step R forward to R diagonal (7), Touch L together (8) [12:00] |

Optional Styling Note (The music just makes me do it!):

Clap Twice on 2& Clap Once on 4 Clap Twice on 6& Clap Once on 8

[17-24] Step, Touch, Point, Hitch, R Jazz Box, Cross

| 1, 2 | Step L to L (1), Touch R beside L (2) [12:00] |
|------|---|
| 3, 4 | Point R to R (3), Hitch R Knee up (4) [12:00] |
| 5, 6 | Cross R over L (5), Step L back (6) [12:00] |
| 7, 8 | Step R to R (7), Cross L slightly over R (8) [12:00 |

[25-32] Right K - Step

| 1, 2 | Step R forward to R diagonal (1), Touch L together (2) [12:00] |
|------|--|
| 3, 4 | Step L back to L diagonal (3), Touch R together (4) [12:00] |
| 5, 6 | Step R back to R diagonal (5), Touch L together (6) [12:00] |
| 7, 8 | Step L forward to L diagonal (7), Touch R together (8) [12:00] |

See Styling Note after Counts [9-16]

[33-40] Step, Pivot ½ Turn L, Out - Out, Knee Pops (x2)

| 1-2, 3-4 | Step R forward (1), Hold (2), Pivot ½ Turn to L, transferring weight to L (3) [6:00], Hold (4) [6:00] |
|----------|--|
| 5, 6 | Step R slightly out to R (5), Step L slightly out to L (6) (Note: Feet should be no more than shoulder width apart) [6:00] |
| &7, &8 | Raise up on Toes, popping Knees slightly forward (&), Replace weight on heels (7), Repeat (&)(8) [6:00] |

[41-48] Swivet, Swivet, R Jazz Box

| 1, 2 | (Weight on Ball of L and Heel of R) Swivel Heels to L and Toes to R (1), Return (2) [6:00] |
|------|--|
| 3, 4 | (Weight on Ball of R and Heel of L) Swivel Heels to R and Toes to L (3), Return (4) [6:00] |
| 5, 6 | Cross R over L (5), Step L back (6) [6:00] |
| 7, 8 | Step R to R, Step L slightly forward (8) [6:00] |

[49-56] Grapevine R, 1/4 R Step Side, Touch, Step, 1/4 L Kick

1, 2 Step R to R (1), Cross L behind R (2) [6:00]

3, 4 Step R to R (3), Touch L beside R (4) [6:00]
5, 6 Turn ¼ R stepping L to L (5) [9:00], Touch R beside L (6) [9:00]
7, 8 Step R to R (7), Turn ¼ L kicking L forward (8) [6:00]
[57-64] Weave L (Side, Cross, Side, Behind), Point, Hitch, Step, Touch
1, 2 Step L to L (1), Cross R over L (2) [6:00]
3, 4 Step L to L (3), Cross R behind L (4) [6:00]
5, 6 Point L to L with body slightly angled to R (5), Hitch L Knee beside R leg (6) [6:00]
7, 8 Step L to L (7), Touch R beside L (8) [6:00]

Restarts: Restarts occur after Count 48 on Walls 1 and 3. After stepping L slightly forward on Count 48, start again from Count 1.

Tag: Tag occurs after Wall 5, after the end of the dance. You will be facing [6:00]. [1-8] Toe Strut R Jazz Box

| 1, 2 | Step R Toe/Ball over L (1), Drop R Heel (2) [6:00] |
|------|---|
| 3, 4 | Step L Toe/Ball back (3), Drop L Heel (4) [6:00] |
| 5, 6 | Step R Toe/Ball to R (5), Drop R Heel (6) [6:00] |
| 7 0 | Stop I Too/Pall slightly forward (7) Drop I Hool (9) [6 |

7, 8 Step L Toe/Ball slightly forward (7), Drop L Heel (8) [6:00]

Last Update - 26 Feb. 2020 - R2