Sounds Good to Me



拍數: 32 編數: Intermediate

編舞者: Wendie Smith (USA) & Nicole Cowger - August 2019 音樂: Sounds Good to Me - Jay Allen : (Amazon Music)



** 1st Place Winner at USLDCC Hotlanta Dance Jam 2019 **

"Start on the word BABY"

PRESS, RECOVER SWEEP, SAILOR, STEP LOCK, SWAY

1-2 Press R forward, recover on L while sweeping R back

3&4 Step R behind L, step L to side, step R to side
5&6 Step L forward, lock R behind L, Step L forward
7-8 Step R forward while swaying hip forward, sway back

BEHIND, 14, 12, ROCK BACK, RECOVER, ROCK SIDE, ROCK FRONT, SWAY SWAY

1&2 Step R behind L, step L to side making ½ turn left, step R to side making ½ turn left (3:00)

3-4 Rock back on L, recover on R

5&6& Rock L to side, recover, rock L across R, recover

7-8 Step L to side and sway hips left, right

SIDE BACK ROCK, SIDE BACK ROCK, ½ PIVOT, TRIPLE FULL TURN

1-2& Step L to side, step R behind L, cross L over right3-4& Step R to side, step L behind R, Cross R over L

5-6 Step L forward, make ½ turn R (9:00)

7&8 Make full turn stepping L,R,L

DIAMOND TURN TO RIGHT (3/4)

1-2& Step R forward, step L side, 1/8 turn right step R back (10:30)

3-4& Step L back, 1/8 turn right step R forward, 1/8 turn right step left side (1:30) 5-6& 1/8 turn right step R back, step L back, 1/8 turn right step R forward (4:30)

7-8& 1/8 turn right step L side, step R back, Step L forward (6:00)

TAG (at end of Walls 1 & 2 only)

SIDE, BEHIND & HEEL & HEEL & CROSS, BACK & CROSS, FULL UNWIND

1-2& Step right to side, step L behind R, step R next to L

3&4& Touch L heel forward, step L next to R, touch R heel forward, step R next to L

5-6& Cross L over R, Step back on R, Step L next to R
7-8 Cross R over L, Full Unwind (weight ends on R) (6:00)

SKATE, SKATE, TRIPLE, TOUCH, GLIDE TURN FULL

1-2 (Sliding foot inwards in an arch) Step L forward, Step R forward
 3&4& Step L forward, step R next to L, step L forward, touch R next to L

5&6& Turn ¼ left stepping R to right, touch L next to R, touch R next to L (12:00)

7&8 Turn ¼ left stepping R to right, touch L next to R, turn ¼ left stepping L to left (6:00)

Enjoy! See ya on the dance floor!