

Shake a Heartache

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Sophie Ruhling (FR) - August 2019
音樂: Shake a Heartache - Aaron Watson

級數: Absolute Beginner



#16 count intro - CCW - NO TAG NO RESTART

SECT.1 TRIPLE R TO R SIDE, TRIPLE L TO L SIDE, STOMP R FWD, STOMP L FWD, HOLD & CLAP X2

1&2 step R to R side, step L beside R, step R to R side
3&4 step L to L side, step R beside L, step L to L side
5-6 stomp R fwd, stomp L fwd
7-8 hold & clap, hold & clap

SECT.2 MILITARY 1/4 TURN L X2, HEEL STRUT R & L WITH SNAP

1-2 walk R, 1/4 turn L (weight on L) (9.00)
3-4 walk R, 1/4 turn L (weight on L) (6.00)
5-6 walk R heel fwd, drop R toe & snap
7-8 walk L heel fwd, drop L toe & snap

SECT.3 LOCKED TRIPLE R FWD DIAGONAL R, STOMP L, STOMP R, LOCKED TRIPLE L FWD DIAGONAL L, STOMP R, STOMP L

1&2 walk R to R diagonal, lock L behind R, walk R to R diagonal
3-4 stomp L in place, stomp R in place
5&6 walk L to L diagonal, lock R behind L, walk L to L diagonal
7-8 stomp R in place, stomp L in place

SECT.4 STEP 1/2 TURN L, MILITARY 1/4 TURN L, "ELVIS KNEES" X3, HOLD

1-2 walk R, 1/2 turn L (weight on L) (12.00)
3-4 walk R, 1/4 turn L (weight on L) (9.00)
5-6 weight on L move R knee inside, weight on R move L knee inside
7-8 weight on L move R knee inside, hold (weight on L)

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