Say Hello Polka

級數: Easy Intermediate - Polka

編舞者: Kyung Hee Lee (KOR) - September 2019

音樂: Grüß Euch Gott, liebe Leut' - Margret Almer

Sequence: 48(16c tag)-32-16(restart)-48(16c tag)-32-32-32-4(tag)-32-32

Start the dance after 16 counts

拍數: 32

SECTION 1: RF SIDE HEEL TOUCH, TOE TOUCH RF, SIDE HEEL TOUCH, HOOK, SIDE SHUFFLE, BACKWARD ROCK, RECOVER

- 1-4 Heel touch RF to R side, toe touch RF in front of LF, heel touch RF to R side, hook RF
- 5&6 Step RF to R side, close LF next to RF, step RF to R side
- 7-8 Rock LF to backward, recover to RF

SECTION 2: LF SIDE HEEL TOUCH, TOE TOUCH LF , SIDE HEEL TOUCH, HOOK, SIDE SHUFFLE, BACKWARD ROCK, RECOVER

- 1-4 Heel touch LF to L side, Toe, toe touch LF in front of RF, heel touch LF to L side, hook LF
- 5&6 Step LF to L side, close RF next to LF, step LF to L side
- 7-8 Rock RF to backward, recover to LF

SECTION 3: FORWARD SHUFFLE, 1/2 TURN TO R WITH BACKWARD SHUFFLE, BACKWARD ROCK, RECOVER, BACKWARD ROCK, RECOVER

- 1&2 Step RF forward, close LF next to RF, step RF forward
- 3&4 1/4 turn to R stepping LF side, close RF next to LF, 1/4 turn to R stepping LF backward
- 5-8 Rock RF backward, recover to LF, rock RF backward, recover to LF

SECTION 4: FORWARD SHUFFLE, 1/2 TURN TO R WITH BACKWARD SHUFFLE, BACKWARD ROCK, RECOVER, BACKWARD ROCK, RECOVER

- 1&2 Step RF forward, close LF next to RF, step RF forward
- 3&4 1/4 turn to R stepping LF side, close RF next to LF, 1/4 turn to R stepping LF backward
- 5-8 Rock RF backward, recover to LF, rock RF backward, recover to LF

TAG 1 (16 COUNTS)

After wall 1 and wall 5, you will dance to 16 counts tag

Tag steps are as follows,

Section 1	
1-4	RF heel touch, replace, LF heel touch, replace
E969	DE haal touch rankaan I E haal touch rankaan

- 5&6& RF heel touch, replace, LF heel touch, replace
- 7&8 RF forward step, clap, clap
- Section 2
- 1-4 LF heel touch, replace, RF heel touch, replace
- 5&6& LF heel touch, replace, RF heel touch, replace
- 7&8 LF forward step, clap, clap

TAG 2 (4 COUNTS)

After wall 8, you will dance to 4 counts tag

Tag steps are as follows,

1-4 3 times of march in place(1,2,3), clap(4)

RESTART: On the wall 3, you will dance to 16 counts and start again.

Email: raccourci@hanmail.net





牆數:1