

Goodbye Mr A

拍數: 96 牆數: 2 級數: Intermediate
編舞者: Tara Conaghan (UK) - September 2019
音樂: Goodbye Mr. A - The Hoosiers



½ K step

1-2-3-4 Step R foot diagonally forward R, L foot diagonally forward R, L foot diagonally backwards L, R foot diagonally backwards L

½ K step

5-6-7-8 Step R foot diagonally backwards R, L foot diagonally backwards R, L foot diagonally forwards L, R foot diagonally forwards L

Vine R with a touch

9-10-11-12 Step out on R foot to R, step L behind R, step out on R foot to R, touch L toe beside R foot

L out, flick, out, hitch

13-14-15-16 Point L out L, flick L behind R, point L out L, hitch L by raising knee

L shuffle back with a touch

1-2-3-4 Step L back, step R back to meet L, step L back, touch R toe next to L

R out, flick, out, hitch

5-6-7-8 Point R out R, flick R behind L, point R out R, hitch R by raising knee

R shuffle back with a touch

9-10-11-12 Step R back, step L back to meet R, step R back, touch L toe next to R

Heel twists L and back in place, heel splits, back in place

13-14-15-16 With knees together, twist both heels L then back in place, and keeping knees together, split heels by pushing toes together and heels out, then bring feet back in place

Side touch R, side touch L

1-2-3-4 Step R foot to R side, touch L toe to R side, step L foot to L side, touch R toe to L side

L ½ turn by paddle turning 1/8 of a turn x 2

5-6-7-8 Step forward on R, raise onto balls of feet to turn L, putting R heel down and pushing R hip out while keeping on ball of L foot x 2

L ½ turn by paddle turning 1/8 of a turn x 2

9-10-11-12 Step forward on R, raise onto balls of feet to turn L, putting R heel down and pushing R hip out while keeping on ball of L foot x 2

L flick, step down, R heel twist

13-14-15-16 Flick L behind R and step back down, then with knees together, twist both heels R then back in place

R side touch, R side touch

1-2-3-4 Step R foot to R side, touch L toe to R side, repeat

Heel steps R and L, back in place

5-6-7-8 Step forward on R heel, step forward on L heel, step back in place on R foot, step back in place on L foot

R foot fans x 2

9-10-11-12 Turn the R foot outwards at a 90 degree angle, then back in place x 2

Stomp R then L, L foot fan

13-14-15-16 Stomp forward with full foot R then L, turn L foot outwards at a 90 degree angle then back in place

Kick L foot across R, bump R hip out and in again

1-2-3-4 Kick L foot diagonally R across R foot, step back in place, push R hip out and in

L ½ turn by paddle turning 1/8 of a turn x 2

5-6-7-8 Step forward on R, raise onto balls of feet to turn L, putting R heel down and pushing R hip out while keeping on ball of L foot x 2

L ½ turn by paddle turning 1/8 of a turn x 2

9-10-11-12 Step forward on R, raise onto balls of feet to turn L, putting R heel down and pushing R hip out while keeping on ball of L foot x 2

Forward touch, back touch

13-14-15-16 Step forward on R, touch L toe behind R foot, step backwards on L, touch R toe behind L foot

R diagonal shuffle with a brush

1-2-3-4 Step R foot diagonally forward R, step L foot behind R, step R foot diagonally forward R, brush ball of L foot against floor next to R foot

L diagonal shuffle with a brush

5-6-7-8 Step L foot diagonally forward L, step R foot behind L foot, step L foot diagonally forward L, brush ball of R foot against floor next to L foot

R chasse with a touch

9-10-11-12 Step out R on R foot, bring L foot in beside R, step out R on R foot, touch L toe next to R foot

L ½ pencil turn, hold x 2

13-14-15-16 Step forward on R foot, ½ turn L, hold for 2 beats

Choreographer's notes: 32 count intro; finishes naturally at the front wall; 8 tags; 3 Restarts.

Tag A. occurs 7 times after each of the first 32 steps. Step R foot slightly out R, then step L foot slightly out L, so both feet are in a normal standing position, before going straight into the side touches.

Tag B. occurs only once, on wall 5, when the music slows significantly and on the lyrics 'Goodbye Mr. A'. Weave L then perform 2 L ½ pivot turns followed by a R foot over L cross rock, recover, R triple step, and do 2 heel bounces on both feet simultaneously. Then weave R and perform 2 R ½ pivot turns followed by a L foot over R cross rock, recover, L triple step, before going straight into the final restart with the K step.

Restarts occur on wall 3 at the start of the second verse with the lyrics: 'So busy showing me where I'm wrong', on wall 4 when the chorus starts again with the lyrics: 'Goodbye Mr. A', and on wall 5 straight after Tag B.

Enjoy!

Dedicated to Fern.
