

Old Town Road

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - September 2019
音樂: Old Town Road - Lil Nas X : (iTunes)



Intro: 32 (start with the lyrics)

[S1] Cross Rock, Side, Hold, Cross Rock, 1/4L Shuffle Fwd

1 2 3 4 Cross R over L, Recover weight on L, Step R to right, Hold
5 6 Cross L over R, Recover weight on R
7&8 Make a ¼ turn left shuffle forward LRL (9:00)

[S2] 3x Paddle (with hip rolls-optional), Fwd-Fwd

1 2 Step forward on R, Make a ¼ turn left recover weight on L
3 4 Step forward on R, Make a ¼ turn left recover weight on L
5 6 Step forward on R, Make a ¼ turn left recover weight on L
7 8 Walk forward RL (12:00)

[S3] Modified Lock Step RL

1 2 3 Step forward on R (1), Lock L behind right (2), Step forward on R (3)
4& Lock L behind right (4), Step forward on R (&)
5 6 7 Step forward on L, Lock R behind left, Step forward on L
8& Lock R behind left, Step forward on L (12:00)

[S4] Side-Drag, Behind, 1/4R, Side, Back Rock w/ Scuff 1/4R

1 2 Step R to right, Drag L towards right
3 4 Step L behind R, Make a ¼ turn right stepping forward on R (3:00)
5 6 Step L to left, Rock back on R
7 8 Recover weight on L**, Scuff R and make a ¼ turn right on left foot (6:00)

[S5] Stomp, Hold, Ball-Fwd-Scuff, Step-Pivot 1/2R, Fwd-Fwd

1 2 Stomp forward on R, Hold
&3 4 Step L close to R, Step forward on R, Scuff forward on L
5 6 Step L down on the floor, Make a ½ turn right recover weight on R
7 8 Walk forward LR (12:00)

[S6] Fwd-Sweep 1/4L, Cross-1/4R Back-1/2R Fwd-Step Pivot 1/4R-Cross

1 2 Step forward on L, Make a ¼ turn left on ball of left foot sweeping R around
3 4 Cross R over L, Make a ¼ turn right stepping back on L
5 6 Make a ½ turn right stepping forward on R, Step forward on L
7 8 Make a ¼ turn right recover weight on R, Cross L over R (9:00)

[S7] Side, Heel-Toe Walk In, Cross-Side, Side, Heel-Toe Walk In, Cross

1 2 3 Step R to right, Swivel L heel in, Swivel L toe in
4& Cross R over L, Step L to left
5 6 7 Step R to right, Swivel L heel in, Swivel L toe in
8 Cross R over L (9:00)

[S8] Side, Behind, 1/4L Fwd, Step-Pivot 1/4R, Behind, Side, Hold

1 2 Step L to left, Step R behind L
3 4 Step Make a ¼ turn left stepping forward on L, Step forward on R
5 6 Make a ¼ turn left recover weight on L, Step R behind L

7 8 Step L to left, Hold (3:00)

Repeat

Restart: Wall 1 count 15-hold one count (3:00) and Wall 4 count 15**-hold one count (12:00)
(S4 - omitting "scuff with ¼ turn")**

Ending: Wall 6, Section 8

1 2 Step L to left, Step R behind L (12:00)

3 4 Step Make a ¼ turn left stepping forward on L, Step forward on R(9:00)

5 6 Make a ¾ turn left recover weight on L, Big step R to right

7 8 Drag L / close to R (12:00)

**Please feel free to contact me if you need any further information.(hirokoinedancing@gmail.com) (updated:
18/Sept/19)**
