# Rilassamento

拍數: 24

級數: Beginner waltz

編舞者: KyungOk Kim (KOR) - September 2019

牆數: 2

音樂: Rilassamento - Gianni Pavesi

## Intro: 12 Counts

# [1-6] REVERSE BASIC FWD, REVERSE BASIC 1/4 TURN

- 1-3 LF forward, RF side, LF together
- 4-6 RF backward 1/4 turn, LF side, RF together

#### [7-12] REVERSE BASIC FWD, REVERSE BASIC 1/4 TURN

- 1-3 LF forward, RF side, LF together
- 4-6 RF backward 1/4 turn, LF side, RF together

## [13-18] TWINKLE, WEAVE

- 1-3 LF cross, RF side, LF slightly daiagonal forward
- 4-6 RF cross, LF side, RF behind

#### [19-24] LUNGE, ROLLING TURN (FULL TURN) R

- 1-3 LF side bend knee, RF side point (for 2 counts)
- 4-6 RF forward 1/4 turn, LF backward 1/2 turn, RF side 1/4 turn

# TAG: 12 COUNTS, AFTER WALL 6 (FACING 12:00)

**CROSS ROCK, RECOVER, SIDE** 

- 1-3 LF cross rock, RF back recover, LF side
- 4-6 RF cross rock, LF back recover, RF side

#### BACK STEP, SWEEP

- 1-3 LF back step, RF sweep (for 2 counts)
- 4-6 RF back step, LF sweep (for 2 counts)

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