Simply Dreaming With Merle

級數: Absolute Beginner

編舞者: Linda Nyholm (CAN) - October 2019

音樂: The Dream - Merle Haggard

SECTION 1 RIGHT AND LEFT SIDE ROCK, CROSS SHUFFLE

1-2 Rock R to side, recover to L

拍數: 32

- 3&4 Cross R over L, step L to side, cross R over L
- 5-6 Rock L to side, recover to R,
- 7&8 Cross L over R, step step R to side, cross L over R

SECTION 2 RIGHT FORWARD PROGRESSIVE BOX WITH SHUFFLES

- 1-2 Step R to side, step L beside R
- 3&4 Step R fwd, step L beside R, step R fwd
- 5-6 Step L to side, step R beside L
- 7&8 Step L fwd, step R beside L, step L fwd

SECTION 3 RIGHT BACK PROGRESSIVE BOX WITH SHUFFLES

- 1-2 Step R to side, step L beside R
- 3&4 Step R back, step L beside R, step R back
- 5-6 Step L to side, step R beside L
- 7&8 Step L back, step R beside L, step L back

SECTION 4 RIGHT & LEFT LINDY, TURNING ¼ TO RIGHT

- 1&2 Step R to side, step L beside R, step R to side
- 3-4 Rock back on L, recover to R
- 5&6 Step L to side, R beside L, step L to side (gradually turning ¼ right) (3)
- 7-8 Rock back on R, recover to L

START AGAIN—NO TAGS, NO RESTARTS—JUST ENJOY!!





牆數:4