

Shallow AB

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Annette Lapp (DK) - October 2019
音樂: Shallow (feat. Parker McCollum) - Danielle Bradbery : (Album: Single Shallow - iTunes)



Intro: 16 Count

Step Side, Tap Left, Step Side, Tap Right, Step Side, Tap Left, Chasse Left

1 – 2 Step right to right, tap left toe in front of right
3 – 4 Step left to left, tap right toe in front of left
5 – 6 Step right to right, tap left toe in front of right
7 & 8 Step left to left, step right beside left, step left to left

Weave Left, Cross Rock, ¼ Turn Left with Shuffle

1 – 2 Cross right over left, step left to left
3 – 4 Step right behind left, step left to left
5 – 6 Cross right over left, recover onto left
7 & 8 Turn ¼ right stepping right forward, step left beside right, step right forward

Step Point x 2, Rock, Recover, Shuffle Back

1 – 2 Step left forward, point right to right side
3 – 4 Step right forward, point left to left
5 – 6 Rock left forward, recover onto right
7 & 8 Step left back, step right beside left, step left back

Right Diagonal Back Touch, Left Diagonal Forward, Touch, Sway Right, Left; Right, Left

1 - 2 Step right diagonally back, touch left beside right
3 – 4 Step left diagonally forward, touch right beside left
5 – 6 Step right to right swaying right to right, sway left
7 – 8 Sway right, sway left

Tag after wall 2: 8 count

Rumba Box

1 – 2 Step right to right, step left beside right
3 – 4 Step right forward, hold or (touch left beside right)
5 – 6 Step left to left, step right beside left
7 – 8 Step left back, hold (or touch right beside left)

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