Let You Go



拍數: 34 編數: 2 級數: High Intermediate

編舞者: Tim Johnson (UK), José Miguel Belloque Vane (NL) & Jennifer Woolfries (UK) -

October 2019

音樂: Lost Without You - Freya Ridings



No intro.

[1-8] R Side Rock, L full turn sweep, 1/8th cross recover full turn, arm raise, step back L, R L		
1	Rock right to right side (1)	
2&3	1/4 left stepping forward on left (2), 1/2 left stepping back on right (&) 3/8th left stepping side left sweeping right in front, to face 11:30 (3)	
4&a5	Step weight down on right (4) recover on left (&) $\frac{1}{2}$ right stepping forward on right, to face 5:30 (a) $\frac{1}{2}$ right collecting left next to right keeping weight on right and start raising arms up (5) (facing 11.30)	
6	Continue to raise both arms up with palms facing up in front to just above shoulder height (6)	
7, 8&	Step back on left (7), back on right (8) back on left (&)	

[9-16] R back rock, 1 3/8 turn sweep, cross side behind, step 1/4, Arms cross out push, step back R, L R

F 3	, · · · · · · · · · · · · · · · ·
1	Rock back on to right (1) (still facing 11:30)
2&3	1/8 left stepping side left (squaring up to 9 o'clock) (2), ½ turning over left shoulder stepping back on right (&), 3/4 left, stepping back on left & sweeping right fwd (3) (facing 6-o-clock)
4&a5	Cross right over left (4) step side left (&) step right behind left (a) ¼ left stepping fwd on left (5) (facing 3 o'clock)
6&7	Cross forearms in front of your chest (hands open, back of hands facing one another, forearms making an X) (6) uncross arms keeping hands at shoulder height palms facing out (&) step back on right pushing arms straight out in front at shoulder height (7)
8&	(lower arms) Step back left (8) step back right (&)

[17-24] ¼ L side lunge, R side, cross, ½ sweep, behind, side, spiral, Rock Fwd, back, Fwd RLR sweep L, L cross, back

CIUSS, Dack	
1	1/4 lunge left to left side (1) (facing 12-o-clock)
2&3	Step side right (2) cross left over right (&) ½ over your left shoulder, stepping down on right & sweeping left behind (3) (facing 6-o-clock)
4&5	Cross left behind right (4) step side right (&) Step fwd left and full turn spiral over right shoulder keep weight on left (5)
6&7	Rock fwd right (6) rock back left (&) Rock fwd right sweeping left fwd (7)
8&	Cross left over right (8) step right to right side (&)

[25-34] L Back sweep, behind, ¼ L, ¾ L R Arabesque, back rock, recover, ¼ R side, push arms, sway L R L

[25-34] L Back Sweep, benind, ¼ L, ¼ L R Arabesque, back rock, recover, ¼ R side, push arms, sway L R L		
Making 1/8 turn right to face 8:30, Step back on left sweeping right back (1)		
Step right behind left (2) 1/4 left stepping back on left (&) 3/4 left pivoting on left while raising		
right leg up behind in a low arabesque (3) (Facing 8:30)		
Rock back right, squaring up to 9 o'clock (4) recover on left (&) ¼ left stepping side right Look down (5) (facing 6-o-clock)		
looking up, Push arms out in front of you with palms facing out (6, 7, 8)		
*Sway right (1) sway left (2)		

*wall 4 - Restart dance missing the last 2 sways after count 32 (facing 12-o-clock)

Ending – At the end of wall 5 do the first 4& counts of the dance up to the cross rock recover then step $\frac{1}{2}$ right to the front and raise arms up in front.

Smile and enjoy

