Steps In Time

級數: Improver

編舞者: Hayley Wheatley (UK) - October 2019

音樂: Where Does the Time Go? - Paul Carrack : (Album: The Hollywood Sessions)

Count in: 32 Counts (Paul sings one verse and then come in on the word "time" on the second verse) TAG: At The end of Wall 6 (facing 12:00). During wall 7 dance up until count 21, add modification and restart (facing 12:00)

S1: WALK, SIDE ROCK, RECOVER, CROSS, STEP BACK ¼ TURN LEFT, SHUFFLE BACK, STEP ¼ TURN

- 1-2-3 Walk fwd onto RF, Rock Lf to L side, Recover onto RF 12:00
- 4-5 Cross LF over RF, Step back onto RF making 1/4 turn L 9:00
- 6&7 Step back on LF, Close RF beside LF, Step back on LF 9:00
- 8 Step RF to R side making ¼ turn R 12:00

Choreographers Note: If turning 1/4 turn on count 8 of this section and coming back on count 10 feels like too much turning , then dance the step-point to the right corner instead (turning only 1/8)

S2: POINT TO SIDE, STEP 1/8 TURN L, SWEEP, CROSS, BACK , SIDE, CLOSE, SHUFFLE FORWARD

- 1 Point L toe to L side 12:00
- 2-3 Step onto LF making ¼ turn L, Sweep RF around back to front 9:00
- 4-5 Cross RF over LF, Step back onto LF 9:00
- 6-7 Step RF to R side, Close LF beside RF 9:00
- 8&1 Step fwd onto RF, Close Lf beside RF, Step fwd onto RF 9:00

S3: ROCK FORWARD, RECOVER, SHUFFLE ½ TURN, ROCK FORWARD RECOVER, COASTER CROSS

- 2-3 Rock fwd onto LF, Recover onto RF 9:00
- 4&5 Step LF to L side making ¼ turn L, Close RF beside LF, Step LF to L side making ¼ turn L 3:00

Modified Restart: During wall 7dance up to here. Add a step fwd on RF, pivot ¼ turn L to front wall and touch R toe next to LF (6-7-8) then restart.

- 6-7 Rock fwd on RF, Recover onto LF 3:00
- 8&1 Step back onto RF, Close LF beside RF, Cross RF over LF 3:00

S4: SWAY, SWAY, BEHIND, SIDE, CROSS, TOUCH TOE, STEP ¼ TURN, WALK

- 2-3 Step LF out to L side swaying hips to L, Sway hips to R 3:00
- 4&5 Step LF behind RF, Step RF to R side, Cross LF over RF 3:00
- 6-7 Touch R toe to R side, Step onto RF making ¼ turn R 6:00
- 8 Walk fwd on LF 6:00

TAG PERFORMED AT THE END OF WALL 6 (facing 12:00): RIGHT ROCKING CHAIR

- 1-2 Rock forward on RF, Recover onto LF 12:00
- 3-4 Rock back onto RF, Recover onto LF 12:00

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拍數: 32

牆數:2