

A Little Hell

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Alessandro Boer (IT) & Stefano "California" N. (IT) - October 2019
音樂: Raise a Little Hell - Her & Kings County



Start dancing on lyrics

[1-8] KICK-OUT-OUT, KNEE POP IN-OUT, CROSS, BACK, LEFT CHASSE'

1&2 Kick right forward, step right back, step left back (apart)
3-4 Turn right knee in, turn right knee out and place weight on right
5-6 Step left over right, step right back
7&8 Step left to left side, step right next to left, step left to left side

[9-16] ¼ TURN RIGHT, SAILOR TURN ¼ RIGHT, SIDE, BEHIND, & CROSS, SHOULDER POPS

1-2 Step right over left, ¼ turn right step left back (3:00)
3&4 Step right behind left, ¼ turn right step left to left side, step right forward(6:00)
5-6 Step left to left side, step right behind left (restart the dance here on 2nd wall)
&7 Step left to left side, step right over left
&8 Pull down left shoulder and pull up right shoulder, return to normal position (weight on right)

[17-24] POINT, LEFT HEEL SWIVEL, COASTER STEP, WALK, WALK, WALK, HOLD

1&2 Point left toe diagonally forward, turn left heel-out, turn left heel-in
3&4 Step left back, step right next to left , step left forward
5-6-7-8 Step right forward, step left forward, step right side(apart), hold (restart the dance here on 5th wall)

[25-32] SAILOR STEP, SAILOR TURN ½ RIGHT, POINT, LEFT HEEL SWIVEL, COASTER STEP

1&2 Step left behind right, step right to right side, step left to left side
3&4 Step right behind left, ½ turn right step left forward, step right to right side(12:00)
5&6 Point left toe diagonally forward, turn left heel-out, turn left heel-in
7&8 Step left back, step right next to left , step left forward

[33-40] WALK, WALK, WALK, HOLD, ½ STEP TURN RIGHT, STEP, HOLD

1-2-3-4 Step right forward, step left forward, step right side (apart), hold
5-6-7-8 Step left forward, ½ turn right, step left forward, hold (6:00)

REPEAT

RESTARTS:-

On 2nd wall: dance first 13 counts, replace count 14 with "Touch Right Next To Left" then restart (12:00)
On 5th wall: dance first 23 counts, replace count 24 with "Step Left Forward" then restart (12:00)

TAGS:-

At the end 3rd wall: 1-6 count: slow hip roll twice (weight on left)
At the end 6th wall: 1- 8 counts: slow hip roll twice (weight on left)

Last Update – 4 Feb. 2020