拍數： 96
寣數： 2
級數：Phrased Intermediate
編舞者：Maddie Bee（USA）－October 2018
音樂：Dance－Rascal Flatts ：（3：21）

Intro： 24 counts begins on lyrics
Phrased Dance（A，B，C，Tag 1，A，B，C，C，Tag 2，A，B，C，C，Tag 2）

## PART A：（48 counts）

A1：
1，2 Step $R$ foot forward，Point $L$ toe to $L$
3，4 Step $L$ foot forward，Point $R$ toe to $R$
5，6 Step R foot forward，Pivot $1 / 2$ turn $L$ and hitch $L$ knee up
$7,8 \quad$ Step back on $L$ foot，Pivot $1 / 2$ turn $L$（weight remains on $L$ foot）
A2：
1，2 Step R foot back，Pop L knee up
3，4 Step $L$ foot back，Pop $R$ knee
5\＆6
7\＆8
Step R foot back，Hook L foot over R foot，Step Right foot back
Step $L$ foot back，Close $R$ foot next to $L$ foot，Step $L$ foot forward

A3：
1，2 Walk $R$ foot forward to $L$ diagonal，Walk $L$ foot forward to $L$ diagonal

3\＆4
5，6
7，8

## A4：

1\＆2
3，4
5，6
7\＆8

A5：
1，2 Walk $L$ foot forward to $R$ diagonal，Walk $R$ foot forward to $R$ diagonal
$3 \& 4$
5，6
7，8
A6：
1\＆2
3，4
5，6
7\＆8
Step $L$ foot backward，Lock right foot over left，Step $L$ foot backward 1／8 turn right rocking $R$ foot to $R$ ，Replace weight to $L$ foot
Step R foot forward，Hook $L$ foot behind R，Step R foot forward Step $L$ foot forward，Pivot $1 ⁄ 2$ Turn $R$ stepping forward onto $R$ foot Step $L$ foot forward，Pivot $1 / 2$ turn $L$ stepping back on $R$ foot

Step R foot backward，Lock $L$ foot over $R$ ，Step $R$ foot backward
1／8 turn left rocking $L$ foot to $L$ ，Replace weight to $R$ foot
Cross $L$ foot over $R$ ，Step $R$ foot side right
1／8 turn left stepping $L$ foot back，Close $R$ foot to $L$ foot，Step $L$ foot forward
Cross $R$ foot over $L$ ，Step $L$ foot side left
1／8 turn right stepping $R$ foot back，Close $L$ foot to $R$ foot，Step $R$ foot forward

Step $L$ foot forward，Hook $R$ foot behind $L$ ，Step $L$ foot forward
Step R foot forward，Pivot $1 ⁄ 2$ Turn $L$ stepping forward onto $L$ foot
Step R foot forward，Pivot $1 / 2$ turn R stepping back on $L$ foot

PART B：（32 Count）
B1：
1\＆2 1／8 turn right stepping $R$ foot forward，turn $1 / 4$ turn to the right stepping back on $L$ foot，step $R$ foot next to $L$ foot
$3 \& 4$

5\＆6
$1 / 4$ turn left hooking $L$ R
$1 / 4$ turn to the left stepping $R$ foot to the right， $1 / 4$ turn left stepping left foot back，step $R$ foot next to $L$ foot

3,4 $\quad 1 / 4$ turn $L$ stepping $R$ foot to right (kicking $L$ heel back), Step $L$ foot down to $L$

B2:
1\&2
\& $3 \& 4$
5,6
\& $7 \& 8$
B3:
1,2
3,4
5,6
7,8
B4:
1,2
5,6
\& 7,8

,6

Touch $L$ heel forward, step $L$ foot next to $R$, touch $R$ heel forward
Step $R$ foot next to left, $1 / 4$ turn left stepping $L$ foot down, step right with $R$ foot, cross $L$ foot over R
Step $R$ foot to $R$, Hook $L$ foot behind $R$
Step $R$ foot to $R$, touch $L$ heel diagonal forward, Step $L$ foot next to $R$, cross $R$ foot over $L$

## Part C: (16 Counts)

C1:
1,2
3\&4
5\&6
7\&8
Step side $L$ with left foot, $1 / 2$ turn right stepping side $R$
$1 / 2$ turn $R$ stepping side $L$, Kick $R$ heel back
Step side $R$ with $R$ foot squatting low, Step $L$ foot next to $R$ foot (rising up)
Step $R$ foot side $R$ swaying hips to right, Sway hips to the left taking weight to left foot
,2 $1 / 4$ turn $L$ stepping $R$ foot to right (kicking $L$ heel back), Step $L$ foot down to $L$
$1 / 4$ turn $L$ stepping $R$ foot to right (kicking $L$ heel back), Step $L$ foot down to $L$
$1 / 4$ turn $L$ stepping $R$ foot next to left, Hop on two feet to R, Hop on two feet to $L$

## C2:

1,2 Point $L$ foot to right diagonal, point $L$ foot side left
$3 \& 4$
5\&6\&
$7 \& 8$
Touch $R$ foot to left diagonal, touch $R$ foot side right
$1 / 4$ turn right hooking $R$ foot behind $L, 1 / 4$ turn right stepping $L$ foot next to right, Step $R$ foot in place
Rock $L$ foot diagonal right, replace weight to $R$ foot, Step $L$ foot next to right foot Rock $R$ foot diagonal left, replace weight to $L$ foot, Step $R$ foot next to left foot

## Tag 1: (4 Counts)

1,2 Step $R$ foot forward, pivot $1 / 2$ turn left stepping forward to $L$ foot
3\&4 Kick $R$ foot forward, step down on ball of right foot next to left foot, change weight to $L$ foot
Tag 2: (2 Counts)
1,2 Step $R$ foot forward, pivot $1 / 2$ turn left stepping forward to $L$ foot
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