

# Life's Been Good

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Ria Vos (NL) - November 2019  
音樂: Life's Been Good to Me - Adam Brand : (Album: Speed Of Life)



## Intro: 16 Counts

### Side, Together, Side Rock-Point, Side Rock-Cross, ¼ R, ¼ R, Cross

- 1-2      Step R to R Side, Step L Next to R
- 3&4      Rock R to R Side, Recover on L, Point R Across L
- 5&6      Rock R to R Side, Recover on L, Cross R Over L
- 7&8      ¼ Turn R Step Back on L, ¼ Turn R Step R to R Side, Cross L Over R (6:00)

### Side, Touch, Side, Touch, Side, Sailor ¼ L, Crossing Samba, Cross

- 1&      Step R to R Side, Touch L Next to R
- 2&      Step L to L Side, Touch R Next to L,
- 3      Step R to R Side
- 4&5      Step L Behind R, ¼ Turn L Step R Next to L, Step Fwd on L (3:00)
- 6&7      Cross R Over L, Rock L to L Side, Recover on R
- 8      Cross L Over R \*\*\*Restart Point

### Side, Back Rock, Side, Behind-Side-Cross, Side, Back Rock-Point

- 1      Step R to R Side
- 2&3      Rock Back on L, Recover on R, Step L to L Side
- 4&5      Step R Behind L, Step L to L Side, Cross R Over L
- 6      Step L to L Side
- 7&8      Rock Back on R, Recover on L, Point R to R Side

### Back Rock-Side, Behind-Side-Cross, Side Rock, Kick, Cross, Side Mambo

- 1&2      Rock Back on R, Recover on L, Step R to R Side
- 3&4      Step L Behind R, Step R to R Side, Cross L Over R
- 5&      Rock R to R Side, Recover on L
- 6&      Kick R Fwd, Cross R Over L
- 7&8      Rock L to L Side, Recover on R, Step L Next to R

Restart: On wall 3 After count 16 (9:00)

Option: On wall 2, 5 & 7 when he sings: 'Stop, take a minute and breathe' replace count 1-3 at section 2 with:  
1-3 Step R to R Side, Hold for 2 counts, then continue with Sailor ¼ Turn L

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