

Ratok Pasaman

拍數: 48 牆數: 4 級數: Improver
編舞者: Ayek Lesmana (INA) - November 2019
音樂: Ratok Pasaman by Tari KDI (Dance Remix)



Start dance after (8x12+4 Counts)/100 counts

I. SAMBA WHISKS X4

1&2 Step R to side, Cross L behind R, Step R in place
3&4 Step L to side, Cross R behind L, Step L in place
5&6 Step R to side, Cross L behind R, Step R in place
7&8 Step L to side, Cross R behind L, Step L in place

II. JAZZ BOX X2

1,2,3,4 Cross R over L, Step L back, Step R to side, Step L forward
5,6,7,8 Cross R over L, Step L back, Step R to side, Step L forward

III. CHASSE X2 – TURN ¼ LEFT – CHASSE X2

1&2 Step R to side, Close L beside R, Step R to side
3&4 Step L to side, Close R beside L, Step L to side
5&6 Turn ¼ L Step R to side, Close L beside R, Step R to side
7&8 Step L to side, Close R beside L, Step L to side

IV. WALK – TOUCH – WALK – TOUCH

1,2,3,4 Walk Forward R-L-R, Touch L beside R
5,6,7,8 Back Walk L-R-L, Touch R beside L

V. DIAGONAL TAP X4

1 – 2 Tap R diagonal forward, Close R beside L
3 – 4 Tap L diagonal forward, Close L beside R
5 – 6 Tap R diagonal forward, Close R beside L
7 – 8 Tap L diagonal forward, Close L beside R

VII. STEP – TOUCH – STEP – TOUCH – PIVOT 2X

1 – 2 Step R forward, Touch L beside R
3 – 4 Step L back, Touch R beside L
5 – 6 Step R forward, Turn ½ L Step L in place
7 – 8 Step R forward, Turn ½ L Step L in place

TAG : After Wall 1, 4, 7, 10, 11 (16 counts)

I. TRAVELLING VOLTA X2

1&2&3&4 Cross R over L, Step L to side, Cross R over L, Step L to side, Cross R over L, Step L to side, Cross R over L
5&6&7&8 Cross L over R, Step R to side, Cross L over R, Step R to side, Cross L over R, Step R to side, Cross L over R

II. ROCKING CHAIR – HIP BUMPS X4

1,2,3,4 Rock forward on R, Recover on L, Rock back on R, Recover on L
5,6,7,8 Hip Bumps R, L, R, L

* Restart on wall 3, 6, 9 after 36 counts (4x8 + 4 counts)

Enjoy the dance....

Contact : ayeklesmana@gmail.com
