

It's a Marshmallow World (aka Sleigh Ride / Marshmallow World)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Kim-Fundazer (MY) - November 2019
音樂: A Marshmallow World - The Cheetah Girls



Also: 'Sleigh Ride/Marshmallow World' by Kristin Chenoweth with JohnPizzarelli

Intro: 32 Counts - No Tags & No Restarts!

S1 – ROCKING CHAIR, HIP-BUMP X2

1-4 Rock forward on Rf, recover onto Lf, rock back on Rf, recover onto Lf
5&6 Bump right hip to right-left-right
7&8 Bump left hip to left-right-left (12:00)

S2 –FULL TURN ROLLING VINE, TOUCH, VINE 1/4 TURN, SCUFF

1-4 Turn ¼ right & step Rf forward, turn ½ right & step Lf back, turn ¼ right & step Rf to the side, touch Lf next to Rf (12:00)
5-8 Step Lf to side, step Rf behind Lf, turn ¼ left & step Lf forward, scuff right heel forward (9:00)

S3 – RIGHT JAZZBOX, SCUFF, LEFT JAZZBOX, TOUCH

1-4 Cross Rf over Lf, step Lf back, step Rf to side, scuff left heel forward
5-8 Cross Lf over Rf, step Rf back, step Lf to side, touch Rf next to Lf

S4 – SIDE SHUFFLE, ROCK BACK, RECOVER, 1/2 MONTEREY TURN, SIDE ROCK, RECOVER

1&2 Step Rf to side, step Lf next to Rf, step Rf to side
3-4 Rock-step Lf behind Rf, recover onto Rf
5-6 Point Lf to the side, turn ½ left & step Lf next to Rf
7-8 Rock to the side on Rf, recover onto Lf (3:00)

Have fun, enjoy! Merry Christmas! Happy Holidays!

Contact: kimfundazer@gmail.com