My Pleasure

拍數: 48

級數: Intermediate

編舞者: Ria Vos (NL) - November 2019

音樂: Nice to Meet Ya - Niall Horan

Intro: 16 Counts	
Side,	Sailor Step, Sway, ¼ L, ½ L w/Sweep, ¼ L Behind-Side-Cross
1	Step R to R Side
2&3	Step L Behind R, Step R to R Side, Step/Sway L to L Side
4	Sway R to R Side opening Body to R
5-6	1/4 Turn L Step Fwd on L, 1/2 Turn L Step Back on R Sweeping L
7&8	¹ ⁄ ₄ Turn L Step L Behind R, Step R to R Side, Cross L Over R ***Restart Point wall 6
Toe	Struts, 1/8 R Step Fwd, Together, Back, Coaster Step
1-2	Step on R Toe to R Side, Lower R Heel (option: Shimmy)
3-4	Cross Step on L Toe Over R, Lower L Heel (option: Shimmy)
&5-6	1/8 Turn R Step Fwd on R, Step L Next to R, Step Back on R (1:30)
7&8	Step Back on L, Step L Next to R, Step Fwd on L ***Restart Point wall 3
Rock	/Jump Fwd, ½ R, Step ½ Pivot R, Step Fwd, Hold, 1/8 L & Side Touch, & Side Touch
1-2	Rock with a little Jump Fwd, Recover on L
3	1/2 Turn R Step Fwd on R (7:30)
4&5	Step Fwd on L, Pivot ½ Turn R, Step Fwd on L (1:30)
6	Hold
&7	1/8 Turn L Step R to R Side, Touch L Next to R (12:00)
&8	Step L to L Side, Touch R Next to L
& Ba	ck, Point, Step Fwd, ½ L, ¼, Cross & Heel & Cross, Side
&1-2	Step Back on R Angling Body R, Point L Fwd, Step L Fwd
3-4	¹ / ₂ Turn L Step Back on R, ¹ / ₄ Turn L Step L to L Side (3:00)
5&6	Cross R Over L, Step L to L Side, Touch R Heel to R Diagonal
&7-8	Step R Next to L, Cross L Over R, Step R to R Side ***Bridge Point
Behiı	nd-Side Cross, ¾ Arc Turn R (R-L R Shuffle), Step Fwd, ½ Turn L
1&2	Step L Behind R, Step R to R Side, Cross L Over R
3-4	Begin ¾ Arc Turn R Stepping R-L
5&6	End ¾ Arc Turn R Shuffling Fwd Stepping R-L-R (12:00)
7-8	Step Fwd on L, ½ Turn L Step Back on R
Shuf	le ½ Turn L, Rock Fwd, ½ R, ¼ R, Behind, ¼ L
1&2	Shuffle 1/2 Turn L Stepping L-R-L
3-4	Rock Fwd on R, Recover on L
5-6	1/2 Turn R Step Fwd on R, 1/4 Turn R Step L to L Side
7-8	Step R Behind L, ¼ Turn L Step Fwd on L
Rest	arts: After count 16 on wall 3, Square Up to 12:00 and restart. After count 8 on wall 6 (12:00)
Bridg	e: After count 32 on wall 4 (3:00) add:

- Bridge: After count 32 on wall 4 (3:00) add:1-2Rock Back on L, Recover on R
- 3-4 Rock L to L Side, Recover on R
- Then continue with count 33





牆數:2