2020 Gong Xi Fa Cai



拍數: 96 牆數: 1 級數: Phrased Improver

編舞者: Mary Frances Chua (MY) & Alice Chan (MY) - December 2019

音樂: Gong Xi Fa Cai by M Girls Angeline



Sequence Of Dance: Intro, A, Tag 1, B, B, C, Tag 2, A, Tag 1, Intro 32, Intro 16, Tag 3, B, C, A, Tag 1, A, Tag 2, Ending

Intro Music: 24 counts

Intro Dance (32 counts)

Section 1: Walk Right for a Full Circle with Touch

1, 2, 3, 4 With both hands stretched to left side walk right circle turn on R, L, R, L,

5, 6, 7, 8 R, L, R, touch L next to R (12:00)

Section 2 : Side Steps to Left with Touch. Side Steps to Right with Touch

1, 2, 3, 4 Step L ft to L side, step R ft next to L ft, step L ft to L side, touch R ft next to L ft (Both hands draw small circles to left)

5, 6, 7, 8 Step R ft to R side, step L ft next to R ft, step R ft to R side, touch L ft next to R ft (Both hands draw small circles to right)

Section 3: Mirror Image of Section 1

Section 4: Mirror Image of Section 2

Main Dance A (32 counts)

Section 1 : Step Side, Touch (x 4)

1, 2, 3, 4 Step R ft to side, touch L ft next to R ft, step L ft to side, touch R ft next to L ft

5, 6, 7, 8 Repeat 1 – 4

(Hold both hands together- Gong Xi gesture for count 2, 4, 6, 8)

Section 2: Vine to the Right, Vine to the Left

1, 2, 3, 4 Step R ft to R side, step L ft behind R ft, step R ft to R side, touch L ft next to R ft 5, 6, 7, 8 Step L ft to L side, step R ft behind L ft, step L ft to L side, touch R ft next to L ft

Section 3: Repeat Section 1 (Hand gesture of 'Good' coming in & 'Bad' casting out)

Section 4 : Side Chasse, Rock Back, Recover (x2)

1&2, 3, 4 Chasse to right on RLR. L ft rock back, Recover on R ft 5&6, 7, 8 Chasse to left on LRL. R ft rock back, Recover on L ft

Main Dance B (32 counts)

Section 1 : Forward Mambo, Back Mambo

1, 2, 3, 4 Step R ft forward, recover on L ft, step R ft together, hold 5, 6, 7, 8 Step L ft back, recover on R ft, step L ft together, hold

Section 2: Right Mambo, Left Mambo

1, 2, 3, 4 Step R ft to the right, recover on L ft, step R ft next to L ft, hold 5, 6, 7, 8 Step L ft to the left, recover on R ft, step L ft next to R ft, hold

Section 3: Rock Forward, Recover, Coaster Steps (x2)

1, 2, 3, 4 Rock R ft forward, recover on L ft, step R ft back, Step L ft next to R ft, step R ft fwd

5, 6, 7, 8 Rock L ft forward, recover on R ft, step L ft back, Step R ft next to R ft, step L ft fwd

Section 4 : Side Chasse, Rock Back, Recover (x2)

1&2, 3, 4 Chasse to right on R L R. L ft rock back, Recover on R ft

Chasse to left on LR L. R ft rock back, Recover on L ft 5& 6, 7, 8

Main Dance C (32 counts)

Section 1 : Jazz Box with 1/4 Turn Right (x2)

Step R ft across L ft, step L ft back, step R ft to side making 1/4 R turn, step L ft fwd 3:00 1, 2, 3, 4

5, 6, 7, 8 Step R ft across L ft, step L ft back, step R ft to side making 1/4 R turn, step L ft fwd 6:00

Section 2: Repeat Section 1 (12:00)

Section 3: Walk Forward with Touch, Walk Back with Touch

1, 2, 3, 4 Walk forward on R, L, R, Touch L ft next to R ft

5, 6, 7, 8 Walk back on L, R, L, Touch R ft next to L ft

Hold both hands together (Gong Xi gesture) on count 4

Section 4: Hip Bumps and Sway

1&2, 3&4 Do Hip Bumps R-L-R, L-R-L

5, 6, 7, 8 Sway R, L, R, L

Note:

Tag 1:4 counts

Hold both hands together Gong Xi (R, L, R, L) 1, 2, 3, 4

Tag 2:8 counts

1. 2. 3. 4 Hold both hands together Gong Xi (R, L, R, L)

5, 6, 7, 8 Repeat 1 - 4

Tag 3:8 counts

1, 2, 3, 4 Diagonal facing right at 1:30 both hands beat drums over 4 counts

5, 6, 7, 8 Diagonal facing left at 10:30 both hands beat drums over 4 counts

Ending Pose: After Tag 2, do 4 counts - R Step, L Touch, L Step, R Touch Gong Xi sign & pose

Happy Dancing & Gong Xi Fa Cai to all! Have a great & fabulous 2020!

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