My Baby does the HANKY PANKY

拍數: 40

牆數: 4

級數: Beginner

編舞者: Val Saari (CAN) - December 2019

音樂: Hanky Panky - Tommy James & The Shondells





Begin on the downbeat (one count before the 2nd "My Baby")

MODIFIED TOE TRIANGLE, SAILOR STEP X 2, (R,L)

- Touch RF toes forward, Touch RF toes to R side 1-2
- 3&4 Sailor Step RLR
- 5-6 Touch LF toes forward, Touch LF toes to L side
- 7&8 Sailor Step LRL

SHUFFLE FWD RLR, SWAY FWD, SHUFFLE BACK LRL, SWAY BACK

- Shuffle forward RLR 1&2
- 3-4 LF Step and sway forward, RF recover
- 5&6 Shuffle back LRL
- 7-8 RF Step and sway back, LF recover

K STEP

- 3-4 Step LF diagonally back, Touch RF beside LF
- 5-6 Step RF diagonally back, Touch LF beside RF
- 7-8 Step LF diagonally forward, Touch RF beside LF (optional scuff)

K STEP 1/4 L

- Step RF diagonally forward 1/4 turn L, Touch LF beside RF 1-2
- 3-4 Step LF diagonally back, Touch RF beside LF
- 5-6 Step RF diagonally back, Touch LF beside RF
- 7-8 Step LF diagonally forward, Touch RF beside LF

CROSS MAMBOS CHA CHA CHA X 2 (RL)

- RF Cross over L, LF Recover weight 1-2
- 3&4 Recover RF, Step LF in place, Step RF in place
- 5-6 LF Cross over R, RF Recover weight
- 7&8 Step LF left, Step RF beside L, Step LF in place

REPEAT

Note: you could substitute a Cha Cha step for the Sailor if necessary

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