Rock Your Body

拍數: 32

牆數: 4

級數: High Beginner

編舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - January 2020

音樂: Rock Your Body (Radio Mix) - The Phonkers



- Step R back, Touch L next to R with Body to diagonal right. 1-2
- 3-4 Step L forward, 1/4Turn L and hitch R (9:00). **R
- Step R to right side, Cross L behind R. 5-6
- 7-8 Step R to right side, Touch L next to R.

S2: Diagonal Back, Touch, Diagonal Back, Coaster step, Forward, Forward and Hip Bump

- 1-2-3 Step L diagonal back left, Touch R next to L, Step R diagonal back right.
- 4&5 Step L back, Step R next to L, Step L forward.
- 6-7&8 Step R forward, Step L forward and bump hips L-R-L.

S3: 1/4 R Jazz Box-Cross, Touch (Out- In), Kick Ball Step

- 1-2 Cross R over L, Step L back.
- 3-4 1/4Turn R stepping Step R to right side (12:00), Cross L over R.
- 5-6 Touch R to right side, Touch R beside L.
- 7&8 Kick R forward, Step down R beside L, Step L forward.

S4: Rock Forward/Recover, 1/4Turn R with Side, Hold, Together, Side, Touch, Side, Touch

- 1-2 Rock R forward, Recover on L.
- 3-4& 1/4Turn R stepping R to right side (3:00), Hold, Step L next to R.
- 5-6 Step R to right side, Touch L next to R.
- 7-8 Step L to left side, Touch R next to L.

**Restart: During wall 12 (9:00), restart the dance after count 4 (facing 6:00)

Happy new years~!

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