Skinny Dippin'

拍數: 32

級數: Intermediate Polka

編舞者: Lilian Lo (HK) - January 2020

音樂: Cotton Pickin' Time - Blake Shelton : (Album: Blake Shelton's Barn and Grill)

Intro: 16 counts Tags: After Wall 3 and Wall 6

S1 (1-8) Scuff, hitch, side, tap x 2, close, Dorothy step x 2

- 1&2 RF scuff (1), RF hitch (&), RF step to side (2)
- 3&4 L toe tap next to RF (3), L heel tap to side (&), LF closed to RF (4)
- 5-6& RF step to R diagonal forward (5), LF cross behind RF (6), RF step to R diagonal forward (&) @1:30
- 7-8& LF step to L diagonal forward (7), RF cross behind LF (8), LF step to L diagonal forward (&) @12:00

S2 (9-16) Forward, hitch, ¼ R, clap, side, heel bounce x 2, replace, ¾ L, forward, 1/4L, chasse

- 1&2 RF step forward (1), LF hitch, clap hands, turn ¼ R (&), LF step to side, bend knees, slap thighs (2) @3:00
- 3-4 Heel bounce 2 times, keep knees bent, slap thighs each time (3,4)
- 5-6& Replace on RF (5), turn ³/₄ L, LF step forward (6), turn ¹/₄ L (&) @3:00
- 7&8 RF step to side (7), LF close to RF (&), RF step to side (8)

S3 (17 - 24) Heel dig x 6, ball, step

- 1&2& L heel dig (1), turn ¼ R, LF close to RF (&), R heel dig (2), RF replace (&) @6:00
- 3&4& L heel dig (3), turn ¼ R, LF replace (&), R heel dig (4), RF replace (&) @9:00
- 5&6 L heel dig (5), turn ¼ R, LF replace (&), R heel dig (6) @12:00
- 7&8 Hold (7), RF close to LF on ball (&), LF step forward (8)

S4 (25 - 32) ¼ L, chasse, ¼ L, step back, hook, forward, ¾ R, side, close

- 1&2 Turn ¼ L, RF to side (1), LF closed to RF (&), RF step to side (2) @9:00
- 3-4 Turn ¼ L, LF step back (3), RF hook across LF (4) @6:00
- 5-6 RF step forward (5), turn ½ R, LF close to RF (6) @12:00
- 7-8 Turn ¼ R, RF step to side, bend knees (7), both feet close at center (8) @3:00

Tags: happen at the end of Wall 3 and Wall 6

- 1-2 RF step to R diagonal forward, bend knees and open them outward (1), LF close to RF, straighten up (2)
- 3-4 LF step to L diagonal forward, bend knees and open them outward (3), RF close to LF, straighten up (4)

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牆數:4