

Soak Up The Sun

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BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Ria Vos (NL) - January 2020
音樂: A Few Good Stories - Brett Kissel : (Album: Now Or Never)



Intro: 24 Counts

Heel Switch, Walk, Walk, Heel Switch, Rock Fwd

1&2& Touch R Heel Fwd, Step R Next to L, Touch L Heel Fwd, Step L Next to R
3-4 Walk Fwd R, L
5&6& Touch R Heel Fwd, Step R Next to L, Touch L Heel Fwd, Step L Next to R
7-8 Rock Fwd on R, Recover on L

Shuffle ½ Turn R, Step ¼ R Cross, Kick-Ball-Cross & Heel, Hold

1&2 Shuffle ½ Turn R Stepping R-L-R
3&4 Step Fwd on L, Pivot ¼ Turn R, Cross L Over R
5&6 Kick R Fwd to R Diagonal, Step on Ball of R Next to L, Cross L Over R
&7-8 Step R to R Side, Touch L Heel to L Diagonal, Hold

(&) Touch & Heel & Cross Shuffle, Side-Together-Back, Side Touch, Side Touch

&1 Step L in Place, Touch R Next to L
&2 Step R Small Step Back, Touch L Heel to L Diagonal
&3&4 Step on Ball of L Next to R, Cross R Over L, Step L to L Side, Cross R Over L
5&6 Step L to L Side, Step R Next to L, Step Back on L
7&8& Step R to R Side, Touch L Next to R, Step L to L Side, Touch R Next to L

Side-Together-Fwd, Step Heel Twist, Coaster Step, Step Pivot ½ Turn L

1&2 Step R to R Side, Step L Next to R, Step Fwd on R
3&4 Step Fwd on L, Twist Both Heels to L, Recover Both Heels to Centre (weight on R)
5&6 Step Back on L, Step R Next to L, Step Fwd on L
7-8 Step Fwd on R, Pivot ½ Turn L

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Heel Switch, Pivot ½ Turn L, Heel Switch, Pivot ½ Turn L

1&2& Touch R Heel Fwd, Step R Next to L, Touch L Heel Fwd, Step L Next to R
3-4 Step Fwd on R, Pivot ½ Turn L
5&6& Touch R Heel Fwd, Step R Next to L, Touch L Heel Fwd, Step L Next to R
7-8 Step Fwd on R, Pivot ½ Turn L

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