

# Milk and Coffee

拍數: 64      牆數: 4      級數: Beginner  
編舞者: Bracken Heidenreich (USA) - January 2020  
音樂: Made for Me - TobyMac : (Album: Eye On It - Apple Music)



Intro: 32 counts (fast beats)

\*1 Restart (on the 6th wall, after 48 counts)

## SECTION 1: STEP TOGETHER STEP TOUCH, REPEAT

1,2      Step Right forward to right diagonal (1:30); Step Left next to right;  
3,4      Step Right forward to right diagonal (1:30); Touch Left next to right  
5,6      Step Left forward to left diagonal (10:30); Step Right next to left;  
7,8      Step Left forward to left forward diagonal (10:30); Touch Right next to left

## SECTION 2: ROCK, RECOVER, BACK, KICK, BACK, TOUCH, BACK, TOUCH

1,2      Rock Right forward; Recover on Left in place  
3,4      Step Right back; Low kick Left forward  
5,6      Step Left back; Touch Right in place (open body to left diagonal)  
7,8      Step Right back; Touch Left in place (open body to right diagonal)

## SECTION 3: COASTER STEP, HOLD, 1/8 ROLL, 1/8 ROLL

1,2,3      Step Left back; Step Right next to left; Step Left forward  
4      Hold  
5,6      Touch Right forward and roll hips to make 1/8 turn left (end with weight on left)  
7,8      Touch Right forward and roll hips to make 1/8 turn left (end with weight on left) [face 9:00]

## SECTION 4: CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, SIDE, TOUCH

1,2      Step Right across left; Step Left to left side  
3,4      Step Right behind left; Step Left to left side  
5,6      Rock Right across left; Recover on Left in place  
7,8      Step Right to right side; Touch Left next to right

## SECTION 5: STOMP, HEEL, HEEL, HEEL, STOMP, HEEL, HEEL, HEEL

1,2      Stomp Left forward; Bounce Left heel in place  
3,4      Bounce Left heel in place; Bounce Left heel in place ending with weight on left  
5,6      Stomp Right forward; Bounce Right heel in place  
7,8      Bounce Right heel in place; Bounce Right heel in place ending with weight on right

## SECTION 6: ROCKING CHAIR, STEP QUARTER CROSS HOLD

1,2      Rock Left forward; Recover on Right in place  
3,4      Rock Left back; Recover on Right in place  
5,6      Step Left forward; Pivot 1/4 turn right (weight on Right) [face 12:00]  
7,8      Step Left across right; Hold

\*On the 6th wall, RESTART here

## SECTION 7: STOMP, HEEL, HEEL, HEEL, STOMP, HEEL, HEEL, HEEL

1,2      Stomp Right to right side; Bounce Right heel in place  
3,4      Bounce Right heel in place; Bounce Right heel in place ending with weight on right  
5,6      Stomp Left across right; Bounce Left heel in place  
7,8      Bounce Left heel in place; Bounce Left heel in place ending with weight on left

## SECTION 8: SIDE ROCK, BACK ROCK, ROCK QUARTER, TOUCH, HOLD

1,2 Rock Right to right side; Recover on Left in place  
3,4 Rock Right back; Recover on Left in place  
5,6 Rock Right to right side; Recover 1/4 turn left on Left in place [face 9:00]  
7,8 Touch Right next to left; Hold

**Enjoy the dance!**

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