2 Hearts 1 Love

級數: Beginner / Improver waltz

編舞者: Henrik Grønvold (NOR) - November 2019

音樂: Their Hearts Are Dancing - The Forester Sisters

牆數: 4

Coaster step, R twinkle

- 1,2,3 Step LF back, step RF beside LF, step forward onto LF
- 4,5,6 Step RF across in front of LF towards L diagonal, step LF to L, step RF next to LF

Cross, side, behind, slide R, drag

- 1,2,3 Cross LF over RF, step RF to R, step LF behind RF
- 4,5,6 Make a large step to R with RF, drag LF slightly towards RF

Cross rock step, cross, side, behind

- 1,2,3 Step LF across RF, weight back to RF, step LF to L
- 4,5,6 Cross RF over LF, step LF to L, step RF behind LF

(Restart from here on wall 7)

Step ¼ turn L, step ½ turn L, step ½ turn R, back step

- 1,2,3 Step LF ¼ turn to L (face 09:00), step RF forward, make a ½ turn L weight forward onto LF (face 03:00)
- 4,5,6 Step RF forward, make a ½ turn R stepping back onto LF, step RF back (face 06:00)

Start again

Restart on wall 7: start the dance again facing 03:00 by turning slightly R stepping LF back towards L diagonal





拍數: 24