

No One

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Ed Gomes (NL) - February 2020
音樂: No One - Alicia Keys



(start after 16 counts)

DOROTHY STEPS DIAGONALLY RIGHT, DOROTHY STEPS DIAGONALLY LEFT, 2 SKATE STEPS, SHUFFLE 1/4 TURN RIGHT

1,2&, RF diagonally right forward, LF cross behind, RF diagonally right forward
3,4,& LF diagonally left forward, RF cross behind, LF diagonally left forward
5,6, RF diagonally right forward, LF diagonally left forward
7&8 RF 1/4 right forward, LF close, RF forward [3]

SIDE TOUCHES MOVING BACKWARDS, 2 SKATE STEPS, SHUFFLE 1/4 TURN LEFT

1,2 LF to the side and slightly back, RF touch back crossed
3-4 RF to the side and slightly back, LF touch back crossed
5-6 LF diagonally left forward, RF diagonally right forward
7&8 LF 1/4 left forward, RF close, LF forward[12]

CROSS OVER, SNAP FINGERS, DIAGONALLY BACK, BACK, CROSS OVER, STEP BACK, 1/4 TURN LEFT, LOCKSTEP FORWARD

1,2 RF cross in front, HOLD and snap fingers
&3,4 LF diagonally back, RF back, LF cross in front
5,6 RF back, LF 1/4 left forward
7&8 RF forward, LF cross behind, RF forward [9]

KICK, CLOSE, TOUCH TO RIGHT SIDE, TOUCH BACK, 1/4 TURN RIGHT, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, SAILOR STEP 1/2 LEFT

1&2 LF kick forward, LF close, RF touch to right side
3,4 RF touch back, turn 1/4 to the right to end with weight on RF
5&6& LF rock across RF, RF recover, LF rock to left side, RF recover
7&8 LF cross behind 1/4 left, RF to side 1/4 left, LF to side [6]

RESTARTS:-

In the 4 th wall dance 16 counts, then restart facing 6 o'clock
In the 8 th wall dance 16 counts, then restart facing 12 o'clock