

Ticket to Paradox

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Bracken Heidenreich (USA) - January 2020
音樂: Paradox - Ac Thomas : (Album: Paradox - EP)



Intro: 16 counts

1 Restart after 16 counts on Wall 3

SECTION 1: SIDE QUARTER TOUCH, BUMP & STEP, MAMBO HALF TURN, QUARTER DRAG AND CROSS

- 1,2 Step Right to right side; Drag Left toward Right during 1/4 turn right and touch Left next to right (3:00}
3&4 Bump left hip up; Return left hip to center; Step forward on Left
5&6 Rock Right forward; Recover on Left in place; 1/2 turn right and step Right forward (9:00)
7&8 1/4 turn right and step Left to left side (large step to allow Right to drag); Step ball of Right foot slightly back; Step Left across right (12:00)

On the choruses:

- &7&8 1/4 turn right and step Left to left side; Drag Right toward left; Step ball of Right foot slightly back; Step Left across right (12:00)

SECTION 2: SIDE, BACK ROCK, RUN AROUND, SIDE-BEHIND-SIDE-CROSS-SIDE, SLAP, STEP

- 1,2& Step Right to right side; Rock Left behind right; Recover on Right in place
3&4 Arcing 5/8 turn left, run Left, Right, Left (4:30)
5&6 1/8 turn left and step Right to right side; Step Left behind right; Step Right to right side (3:00)
&7&8 Step Left across right; Step Right to right side; Slap Left heel with right hand (behind right leg); Step Left to left side

***Restart here on Wall 3 (facing 9:00)**

SECTION 3: BACK ROCK, QUARTER TRIPLE LOCK ACROSS, BACK HEEL, STEP TOUCH, BACK DRAG, BALL STEP

- 1,2 Rock Right back (allow body to rotate right); Recover on Left in place (allow body to return to face 3:00)
3&4 1/4 turn left and step Right to right side; Cross Left over right; Step Right to right side (12:00)
&5&6 (1/8 turn left) Step Left back to right back diagonal (step toward 4:30, face 10:30); Touch Right heel forward; Step Right in place; Touch Left next to right (10:30)
7&8 Large step Left back; Step ball of Right next to left; Step Left forward (toward 10:30)

On the choruses:

- &7&8 Large step Left back; Drag Right toward left; Step ball of Right next to left; Step Left forward (toward 10:30)

SECTION 4: WALK, WALK, BACK ROCK, SIDE, CHUG/PADDLE 3/4 AROUND, TOUCH

- 1,2 Step Right forward; (1/8 turn right) Step Left to left side to square up to 12:00 (12:00)
3&4 Rock Right behind left; Recover on Left in place; Step Right to right side
5-7 Use Left foot to chug/paddle/bump (your choice!) a 3/4 turn right, ending with weight on Left (9:00)
8 Touch Right next to left

END OF DANCE

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Stepsheet 01/29/2020