

Mission

拍數: 176 牆數: 2 級數: Phrased Intermediate Novelty
編舞者: Daniel Trepát (NL) & Roy Verdonk (NL) - July 2005
音樂: Mission Temple Fireworks Stand - Sawyer Brown



Sequence: A - Tag - AB - AB - BC - BBC

PART A

(1-8) Out-out, in-in, twice.

- 1 - 2 Step diagonally right fwd on right heel, Step diagonally left fwd on left heel
- 3 - 4 Step back on RF, Step back on LF
- 5 - 8 Repeat counts 1 till 4

(9-16) Vine right with scuff, vine left with scuff.

- 1 - 4 RF step to the right, LF cross behind RF, RF step to the right, Scuff with LF forward
- 5 - 8 LF step to the left, RF cross behind LF, LF step to the left, Scuff with RF forward

(17-24) Heel and toe taps, ½ pivot turn left, step, hold and clap.

- 1 - 4 Tap right heel forward twice, Tap right toe backwards twice
- 5 - 8 Step forward on RF, Make ½ turn left, Step forward on RF, Hold with clap

(25-32) Heel and toe taps, ½ pivot turn right, step, hold and clap.

- 1 - 8 Repeat counts 17 - 24 starting with left foot.

(33-40) Crazy jumps.

- 1 - 2 Jump with RF fwd. bend R.knee and LF backwards, Hold
- 3 - 4 Jump with LF fwd. bend L.knee and RF backwards, Hold
- 5 Jump with RF fwd. bend R.knee and LF backwards
- 6 Jump with LF fwd. bend L.knee and RF backwards
- 7 - 8 Jump together, Hold

(41-48) Right toe-heel swivel out and in, left toe-heel swivel out and in.

- 1 - 4 Swivel right toe out, Swivel right heel out, Swivel right heel in, Swivel right toe in
- 5 - 8 Repeat counts 41 till 44 with left foot

(49-56) Side, together, side, touch, side, together, side together.

- 1 - 4 Step LF to the left, Step RF next to LF, Step LF to the left, Touch RF next to LF
- 5 - 8 Step RF to the right, Step LF next to RF, Step RF to the right, Step LF next to RF

(57-64) Toe struts backwards.

- 1 - 2 Step on ball of RF backwards, Step down on RF and click your left fingers fwd
- 3 - 4 Step on ball of LF backwards, Step down on LF and click your right fingers fwd
- 5 - 6 Step on ball of RF backwards, Step down on RF and click your left fingers fwd
- 7 - 8 Step on ball of LF next to RF, Step down on LF and click your right fingers fwd

PART B

(1-8) Rockstep forward and back, twice with arm movements.

- 1 - 2 Rock forward with RF, Recover weight on LF, move your arms up and shake your hands
- 3 - 4 Rock backwards with RF, Recover weight on LF, move your arms down and shake your hands
- 5 - 8 Repeat counts 1 till 4.

(9-16) Vine right, touch and clap, vine left with ¼ turn, scuff and clap.

- 1 - 2 RF step to the right - brush hands back past thighs, Cross LF behind RF - brush hands forward past thighs
- 3 - 4 RF step to the right - brush hands back past thighs, Touch LF next to RF and clap
- 5 - 6 LF step to the left - brush hands back past thighs, Cross RF behind LF - brush hands forward past thighs
- 7 - 8 Make 1/4 turn left and step LF forward, brush hands back past thighs, Scuff RF forward and clap

(17-24) Toe struts forward, toe struts to the right & left side.

- 1 - 2 Step forward on right toe, Step down on RF and click your fingers
- 3 - 4 Step on left toe next to RF, Step down on LF and click your fingers
- 5 - 6 Step on right toe to the right, Step down on RF and click your fingers
- 7 - 8 Step on left toe to the left, Step down on LF and click your fingers

(25-32) Jump together, jump ¼ left, stomp, hold, ¼ turn left, stomp, hold.

- 1 - 2 Jump together, bend through your knees and Come up, move your right arm up and left arm down
- 3 - 4 Jump 1/4 turn left, bend through your knees and Come up, move left arm up and right arm down
- 5 - 8 Stomp RF forward, Hold, Stomp LF forward, Hold

(33-40) Pivot ½ turn, step forward, hold and clap, pivot ½ turn, step forward, hold and clap.

- 1 - 2 Step RF forward, Make 1/2 turn left
- 3 - 4 Step RF forward, Hold and clap
- 5 - 6 Step LF forward, Make 1/2 turn right
- 7 - 8 Step LF forward, Hold and clap

(40-48) Swivel to the right, hold and clap, swivel to the left, hold and clap.

- 1 - 2 Swivel heels to the right, Swivel toes to the right
- 3 - 4 Swivel heels to the right, Hold and clap
- 5 - 6 Swivel heels to the left, Swivel toes to the left
- 7 - 8 Swivel heels to the left, Hold and clap

PART C

(1-32) Full turn with runningman steps in slowmotion.

- 1 - 4 Step on ball of RF 1/8 turn to the left, Hold, Step down on RF and push LF backwards, Hold
- 4 - 8 Step on ball of LF 1/8 turn to the left, Hold, Step down on LF and push RF backwards, Hold
- 9 - 32 Repeat counts 1 till 8 another 3 times.

(33-48) Charlie Chaplin moves in slowmotion.

- 1 - 4 Hitch right knee to the right side, Hold, Step RF across LF, Hold
- 5 - 8 Hitch left knee to the left side, Hold, Step LF across RF, Hold
- 9 - 16 Repeat counts 33 till 40

(49-56) Step fwd, hold, fingerclicks, hold, ½ turn left, hold, fingerclicks, hold.

- 1 - 4 Step RF forward, Hold, Click your fingers, Hold
- 5 - 8 Make ½ turn left, Hold, Click your fingers, Hold

(57-64) Walks forward going down and coming up, shimmy shoulders.

- 1 - 4 Step forward, right, left, right, left at the same time going lower and lower, move your head fwd and back
- 5 - 6 Step forward, right, left at the same time coming up, move your head fwd and back
- 7 - 8 Step in place right, left with shimmy shoulders.

TAG

- 1 - 2 Move your right thumb twice over your right shoulder

3 - 4

Move your left thumb twice over your left shoulder

Have fun.
