One of a Kind

拍數: 32

級數: Intermediate Rolling 8-Count

編舞者: Mark Simpkin (AUS) - February 2020

音樂: One Of A Kind - Ronan Keating & Emeli Sandé : (Single)

Intro: On vocals. Weight on R. CCW

4 restarts

Tag /Restart 1 on wall 2 after 8 counts, dance to count 7 and do a full turn triple step (8 & a 1 to restart) to restart facing 9:00. An easier alternative is to dance to count 7, Sway R and restart 9:00.

Restart 2 on wall 3 after 16 counts, omit the forward coaster replacing it with a L forward and a ball step to restart 12:00.

Restart 3 on wall 4 after 24 counts, after the Dorothy steps. 6:00.

- 5, 6, a, Step L to L diagonal, Step R behind L, Step L to R side, (L Dorothy step),
- 7, 8, &, Step R to R diagonal, Step L behind R, Step R forward, (R Dorothy forward), So count 1 starts at 6:00 with the sweep making 1/4 L to 3:00.

Tag/Restart 4 on wall 7 after 8 counts. Dance to count 7, Sway R and restart 12:00.

S1:[1 – 8] STEP L FWD MAKING A 1/4 L TURN, SHUFFLE BACK RLR, RECOVER, 1/2 L, 1/4 L, WEAVE, 1/4 R, 1/2 R,

- 1, 2, a, 3, Step L forward making a 1/4 L sweep, Shuffle back R L R, (9:00),
- 4, a, 5, Recover L, Turn 1/2 L stepping R back, Turn 1/4 L stepping L to L side, (12:00),
- 6, &, a, 7, Cross step R over L, Step L to L side, Step R behind L (weave), Sway L,
- 8, a, Turn 1/4 R stepping L forward, Turn 1/2 R stepping L back, (9:00),

S2:[9 – 16] BACK, CROSS, BACK, BACK HOOK, 1/2 R, 1/4 R SIDE, L TWINKLE, R TWINKLE, FWD L COASTER,

- 1, 2, a, 3, R back, Cross L over R, Step R Back, Step L back hooking R,
- 4, a, 5, Step R forward, Turn 1/2 R stepping L back, Turn 1/4 R stepping R to R side, (6:00),
- 6, &, a, Cross L over R, Step R to R side, Recover L, (L twinkle),
- 7, &, a, Cross R over L, Step L to L side, Recover R, (R twinkle),
- 8, &, a, Step L forward, Step R beside L, Step L back, (forward coaster),

S3:[17 – 24] R BACK, 1/2 L, 1/2 L, BALL STEP, BACK COASTER, DOROTHY R, DOROTHY L, L FWD,

- 1, 2, a, Step R back, Turn 1/2 L stepping L forward, Turn 1/2 L stepping R back,
- 3, 4, &,a, Step L back R, Step R back, Step L beside R, Step R forward, (coaster step),
- 5, 6, a, Step L to L diagonal, Step R behind L, Step L to R side, (L Dorothy step),
- 7, 8, &, a, Step R to R diagonal, Step L behind R, Step R to R side, (R Dorothy step), Step L forward,

S4:[25 – 32] LOCK R SWEEP, BEHIND, SIDE, CROSS, UNWIND, WEAVE L, SWAY L, SWAY R, 1/4 L FWD, 1/4 L PIVOT, WEAVE,

- 1, 2, &, 3, Lock R sweeping L, Step L behind R, Side R, Cross L over R,
- 4, &, a, Unwind a full turn R, transferring weight to R, Step to L side, Step R behind L,
- 5, 6, 7, Sway L, Sway R, Turn 1/4 L weight on L as you turn a further 1/4 L sweeping foot around, (12:00),
- 8, &, a, Cross R over L, Step L to L side, Step R behind L, Preparing to 1/4 L for count 1. So count 1 starts at 9:00 with the sweep making 1/4 L to 6:00.

Ending - 8, &, a, 1, Cross R over L, Step L to L side, Step R behind L, L to L side to the front wall 12:00.





牆數:4

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