Apache Spirit Dance

拍數: 32

級數: Improver

編舞者: Living Line Dance Ranch Crew 2013 (NL) & Daniel Trepat (NL) - June 2013

音樂: More Cows Than People - Ashton Shepherd

牆數: 4

Intro: 32 counts from first beat in music (app. 21 sec. into track). Start when she starts singing

[1 - 8] Walk fwd R L, rockstep, step back, walk back L R, scissor step

- 1 2 Step R forward (1), Step L forward (2) 12:00
- 3&4 Rock R forward (3), Recover on L (&), Step R backwards (4) 12:00
- 5 6 Step L backwards (5), Step R backwards (6) 12:00
- 7&8 Step L to L side (7), Step R next to L (&), Cross L over R (8) 12:00

[9 - 16] ¾ turn L, shuffle fwd R, paddle turn 2x, shuffle fwd L

- 1 2 ¹/₄ turn L stepping R back (1), ¹/₂ turn L stepping L forward (2) 3:00
- 3&4 Step R forward (3), Step L next to R (&), Step R forward (4) 3:00
- 5 6 ¹/₄ turn R touching L to L side (5), ¹/₄ turn R touching L to L side (6) 9:00
- 7&8 Step L forward (7), Step R next to L (&), Step L forward (8) 9:00

[17 – 24] Step fwd, ¼ turn L, cross, side, 1/8 turn R, heel, together, diagonal walk L R, cross, side, 3/8 turn L, heel, together

- 1 2 Step R forward (1), ¼ turn L stepping L to L side (2) 6:00
- 3&4& Cross R over L (3), Step L slightly to L side (&), R heel in R diagonal (4), Step R next to L (&) 7:30
- 5 6 Step L diagonal forward (5), Step R diagonal forward (6) 7:30
- 7&8& Cross L over R (7), Step R slightly to R side (&), 3/8 turn L putting L heel fwd (8), L next to R (&) 3:00

[25-32] Walk R L, rock & $1\!\!\!/_2$ turn R, $1\!\!\!/_2$ turn R 2x, rock & close

- 1 2 Step R forward (1), Step L forward (2) 3:00
- 3&4 Rock R forward (3), Recover on L (&), ¹/₂ turn R stepping R forward (4) 9:00
- 5 6 ¹/₂ turn R stepping L back (5), ¹/₂ turn R stepping R forward (6) 9:00
- 7&8 Rock L forward (7), Recover on R (&), Step L next to R (8) 9:00

Begin again!



