

拍數: 32

牆數:4

編舞者: Tess van Zuydam (UK) - March 2020

音樂: Rare - Selena Gomez : (3:40)



#16 count intro

Section 1: (1-8) Side shuffle + rock back X 2

- 1&2 Step right to right side, touch left to right, step right to right side
- 3 4 rock back on left, recover on right
- 5&6 Step Left to left side, touch right to left, step left to left side,
- 7 8 rock back on right, recover on left

Section 2: (9-16) Step forward + Hip bumps X 2, Step forward on the diagonal and shuffle left

- 1 2 Step right foot forward, bump right hip (hands on hips for the hip bumps)
- 3 4 Step left foot forward, bump left hip
- 5 6 Step forward on the right diagonal, touch left foot next to right
- 7&8 Step left foot to left diagonal, touch right foot to left (&), step left foot to left diagonal

級數: Beginner

Section 3: (17-24) K!

- 1 2 Step forward diagonally with right foot to right side, touch left foot to right foot
- 3 4 Step back diagonally on left foot, touch right foot to left foot
- 5 6 Step back diagonally with right foot, touch left foot to right foot
- 7 8 Step forward diagonally with left foot to left side, touch right foot to left foot

Section 4: (25-32) 1/4 turn right, cross rocks

- 1 2 Sweep the right foot out and round to the right making a ¼ turn to the right with your body, Step diagonally across to the right with the left foot
- 3 4 Recover on right foot, Step left to left side
- 5 6 Step right foot diagonally to left across left foot, recover on the left foot
- 7 8 Step right to right side, Step left to right (Make sure that on the last step that you transfer your weight to the left leg so that your right foot is free to start section 1 again)

The dance ends naturally facing the start wall. To finish, dance up to the end of section 4 and add a point the right toe out to right side to finish on the last beat of the song.