On My Own



拍數: 32 牆數: 4 級數: Beginner / Improver

編舞者: Amy Christian (USA) - March 2020

音樂: On My Own - Miley Cyrus: (Clean Version)



Intro: 24 Counts.

SIDE, TOGETHER X 4 (with Shoulder Pops)

Step R to right side, Step L next to R, Step R to right side, Step L next to R,
Step R to right side, Step L next to R, Step R to right side, Step L next to R,

(To make the dance look FUNKY - Look Right on this set of 8 counts, Popping shoulders. Start with R Shoulders down as L Shoulder is up and switch throughout the first eight counts),

R TOE STRUT, L TOE STRUT, 1/4 JAZZ BOX,

(Look fwd), Tap R toe fwd, Step slightly fwd on R, Tap L toe fwd, Step slightly fwd on L,
 Cross R over L, ¼ Turn right stepping L back, Step R to right side, Step next to R, [3:00]

K-STEP,

1-4 Step R diagonally fwd, Touch L next to R (Clap), Step L diagonally back, Touch R next to L

(Clap),

5-8 Step R diagonally back, Touch L next to R (Clap), Step L diagonally fwd, Touch R next to L

(Clap),

1/4 R VINE with a HITCH, 1/4 L VINE with a HITCH,

Step R to right side, Step L behind R, ¼ Turn right, stepping R fwd, Hitch L, [6:00]
Step L to left side, Step R behind L, ¼ Turn left, stepping L fwd, Hitch R, [3:00]

Start over!

*RESTART - Happens on Wall 6. Dance 16 counts and start over.

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