Stop Right Now

級數: Beginner

拍數: 32 編舞者: Wina (INA) - February 2020

音樂: Stop - Spice Girls

Start dance after 32 count

S1. Walk Forward - Kick - Walk Back - Touch

- 1 2 Step R Forward, Step L Forward
- 3 = 4 Step R Forward, Kick L forward
- 5 6 Step L Backward, Step R Backward
- 7 8 Step L Backward, Touch R Beside L

S2. Full Turn - Grapevine

- 1 2 Turn 1/4 R Step R Forward, Turn 1/2 R Step Back on L
- 3 4 Turn 1/4 R Step R to R Side, L Touch to L Side
- 5 6 Side L to Side, Cross R Behind L
- 7 8 Step L to Side, Touch R Beside L

S3. V Step (2x)

- Step R Diagonal Forward, Step L Diagonal Forward 1-2
- 3 4 Step R Back to Centre, Close L to R
- 5 6 Step R Diagonal Forward, Step L Diagonal Forward
- 7 8 Step R Back to Centre, Close L to R

S4. Toe Strut - Pivot 1/2 L - Turn 1/4 L

- 1 2 Step R Forward Touch, Step R drop
- 3 4 Step L Forward Touch, Step L Drop
- 5 6 Step R Forward, Turn 1/2 to L, Step L Forward
- 7 8 Step R Forward, Turn ¼ to L, Step L To Side

Noted : Restart on wall 10 after 16 count





牆數: 4