

Stay at Home

拍數: 32 牆數: 4 級數: Intermediate
編舞者: John Huffman (USA) - March 2020
音樂: Break My Heart - Dua Lipa : (Album: Future Nostalgia)



Intro: Dance starts after 16 counts, Weight on L

Side, Small Kick, Behind-Side-Cross, Kick-Ball-Cross x 2

1-2 1) Step R to side 2) Small kick L to L diagonal
3&4 3) Step L behind R &) Step R to side 4) Step L across R
5&6 5) Small kick R to R diag &) Step R in place 6) Step L across R
7&8 7) Small kick R to R diag &) Step R in place 8) Step L across R (12:00)

Siderock, Recover, Behind-Side-Cross, Side, Behind, 1/4, Walk, Walk

1-2 1) Rock R to side 2) Recover to L
3&4 3) Step R behind L &) Step L to side 4) Step R across L
5-6 5) Step L to side 6) Step R behind L
&7-8 &) Turn 1/4 L stepping L fwd 7) Step R fwd 8) Step L fwd (9:00)

Step, Pivot 1/2, Shuffle 1/2, Coaster Step, Step, Touch

1-2 1) Step R fwd 2) Pivot 1/2 L (wt to L)
3&4 3) Turn 1/4 L step R to side &) Step L to R 4) Turn 1/4 L step R back
5&6 5) Step L back &) Step R to L 6) Step L fwd
7-8 7) Step R fwd 8) Touch L to R (9:00)

Fwd, Touch, Back, Touch, Back, Cross-Ball-Side, Cross

1-2 1) Step L fwd to L diagonal 2) Touch R to L
3-4 3) Step R back to R diagonal 4) Touch L to R
5-6 5) Step L back to L diagonal 6) Step R across L
&7-8 &) Ball-step L back 7) Step R to side 8) Step L across R (9:00)

Tag #1: At the end of wall 5 perform the following 8 ct tag

Siderock, Recover, Behind-Side-Cross, Siderock, Recover, Behind-Side-Cross

1-2 1) Rock R to side 2) Recover to L
3&4 3) Step R behind L &) Step L to side 4) Step R across L
5-6 5) Rock L to side 6) Recover to R
7&8 7) Step L behind R &) Step R to side 8) Step L across R

Tag #2: At the end of wall 10 perform the following 4 ct tag

Side, Touch, Side, Touch

1-2 1) Step R to side 2) Touch L to R
3-4 3) Step L to side 4) Touch R to L

Ending: Dance ends on front wall with L crossed over R, Unwind a full turn to end dance

Repeat.... Have FUN

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