Ya Tu Me Conoces



拍數: 80 牆數: 1 級數: Phrased Improver

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音樂: Ya Tú Me Conoces - Thalia & Mau y Ricky



Pattern: A-Tag 1-B-C A -B-C A-Tag 2-B-C C-C

Start dancing after 16 Counts from the very beginning of the music.

SESSION A: 32 Counts

I. DIAGONALLY SLIDE TO LEFT - CLOSE TOUCH - DIAGONALLY SLIDE TO RIGHT - CLOSE TOUCH - SIDE MAMBO STEP - SIDE MAMBO STEP

1-2	Turn 1/8 to left then R makes a big step to right side (10.30), L touch next to R
3-4	Turn 1/8 to right then L makes a big step to left side (12.00), R touch next to L

R step to right side, recover to L, R step next to L
L step to left side, recover to R, L step next to R

II. BACKWARD WALK - COASTER STEP - FORWARD SLIDE - CLOSE STEP - TWIST

1-2 Walk back on R. L.

R step backward, L step next to R, R step forward
L makes a big step forward on heel, R step next to L

7&8 twist both legs to left, right, left

III. DIAGONALLY SLIDE TO RIGHT – CLOSE TOUCH – DIAGONALLY SLIDE TO LEFT – CLOSE TOUCH – SIDE MAMBO STEP – SIDE MAMBO STEP

1-2	Turn 1/8 to right then R makes a big step to right side (01.30), L step next to R
3-4	Turn 1/8 to left then L makes a big step to left side (12.00), R step next to L

R step to right side, recover to L, R step next to L
L step to left side, recover to R, L step next to R

IV. FORWARD WALK - FORWARD MAMBO STEP - BACKWARD SLIDE - CLOSE STEP - TWIST

1-2 Walk forward on R, L

3&4 R step forward, recover to L, R step backward
5-6 L makes a big step backward, R step next to L

7&8 Twist both legs to left, right, left

SESSION B: 32 Counts

I. STEP TO RIGHT - CLOSE TOUCH - STEP TO LEFT - CLOSE TOUCH - SKATES

1-2	R step to right side, L touch next to R on ball
3-4	L step to left side, R touch next to L on ball
5-6	R skate to right side, L skate to left side
7-8	R skate to right side, L skate to left side (10.30)

II. TOUCH FORWARD DIAGONALLY TO LEFT – TURN 1/8 TO RIGHT WITH HITCH – SWINGING BOUNCE

1-2	R touch forward	(10.30).	R touch backward

3-4 R touch forward, turn 1/8 to right with hitch action On R then R step to right side (12.00)

5-8 Bounce with swinging action to right, left, right, left

III. BACKWARD STEP WITH KNEE POP - RECOVER - RECOVER WITH KNEE POP - BACKWARD STEP WITH KNEE POP - RECOVER - RECOVER WITH KNEE POP - CUMBIA STEPS

1&2 R step backward while L knee pop forward, recover to L, R step backward while L knee pop

forward

3&4	L step backward while R knee pop forward, recover to R, L step backward while R knee pop forward
5&6	R step behind L, L step on the spot, R step to right side
7&8	L step behind R, R step on the spot, L step to left side

IV. OUT STEP - INWARD SWIVEL - OUT STEP - INWARD SWIVEL

1-2 R step forward diagonally outward to right, L swivel inward on ball

3&4 L swivel inward on heel, ball, heel

5-6 L step forward diagonally outward to left, R swivel inward on ball

7&8 R swivel inward on heel, ball, heel

SESSION C: 16 Counts

I. V STEP - FORWARD WALK WITH HIP BUMPS ACTION

1-2 R step forward diagonally outward to right, L step forward diagonally outward to left

3-4 R step backward, L step next to R

5-8 Forward walk with hipbumping forward action on R, L, R, L

(Hip movement on count 5-8: syncopated forward and backward hipbumping action on count 5&a6&a7&a8 while walking forward on 5-8)

II. BODY ROCK - HEEL TWIST - BODY ROCK - HEEL TWIST

1-3 Slightly backward walk on R, L, R

(Upper Body Style on count 1-3: lean back on shoulder: R, L, R while hands point forward on L, R, L)

Swivel on both heels to left, right 5-7 Slightly backward walk on L, R, L

(Upper Body Style on count 5-7: lean back on shouder L, R, L while hands point forward on R, L, R)

&8 Swivel on both heels to right, left

TAG I: 4 Counts

OUT STEPS - PAT - HIP ROLL

1-2 R step forward diagonally outward to right, L step forward diagonally outward to left

3-4 Pat both hands on both each hips, hip roll counter-clock wise

TAG II: 2 Counts CLAP – SNAPS

Clap both hands in front of you
 Snap both hands on both each side

Enjoy the Dance

For more infirmations, please contact us on: dancetemptations.anthony@gmail.com