

Feel the Heat

拍數: 72 牆數: 2 級數: Advanced
編舞者: Maddison Glover (AUS), José Miguel Belloque Vane (NL) & Roy Verdonk (NL) -
March 2020
音樂: I Wanna Dance with Somebody - Whitney Houston : (4:49)



Introduction: (32 seconds) 40 counts after the Wooooooooh!
Choreographed in Nice, France.

S1: Cross, Side, Heel Drag, Together, Cross, ¾ Turn, Lock Step Forward

1,2,3 Cross L over R, step R to R side (slightly back) as you drag L heel back towards R, hold
(continue to drag heel in)
&4,5,6 Step L beside R (&), cross R over L, turn ¼ R stepping L back (3:00), turn ½ R stepping R
fwd (9:00)
7&8 Step L fwd, lock R behind L (&), step L fwd

S2: Rock Forward, Recover Back, Lock Step Back, Toe Strut Back (with Body Roll), Rock Hips Forward, Rock Hips Back

1,2,3&4 Rock R fwd, recover back onto L, step R back, cross L over R (&), step R back
5,6 Touch L toe back (option: body roll back), drop L heel as you 'sit' bending both knees
7,8 Rock hips fwd/ up (weight on R), rock hips back/ down (weight on L)

S3: Forward, ¾ Turn (optional aerial ronde), Side, Cross Samba, 2x Walks to Diagonal

1,2 Step R fwd, make ½ turn R stepping L back as you swing R out/around (3:00)
3,4 With weight still on L: Continue to hold R leg out as you make a further ¼ turn R (6:00), step
R to R side
5&6 Cross L over R, step R out to R side (&), step L slightly fwd into L diagonal (4:30)
7,8 Walk R fwd (4:30), walk L fwd (4:30)

Easier option for counts 1-4: Step R fwd (1), ½ turn R stepping L back (2), ¼ turn R stepping R to R side (3),
hold (4)

S4: Rock Forward, Recover Back, Back, 1/8 Side, Cross, ¼ Forward, ½ Turning Lock Step Back, ½ Turn Forward

1,2,3&4 Rock R fwd (4:30), recover back onto L, step R back, turn 1/8 L stepping L to L side (3:00)
(&), cross R over L
5,6&7 Turn ¼ L stepping L fwd (12:00), make ½ turn L stepping R back (6:00), cross L over R (&),
step R back
8 Make ½ turn L stepping L fwd (12:00)

S5: 2x Walks Forward, Hitch, Cross, Side, Sailor with a Heel, Together, Cross

1,2,3,4 Walk R fwd, walk L fwd, hitch R knee up, cross R over (12:00)
5,6&7 Step L to L side, cross R behind L, step L to L side (&), touch R heel fwd into R diagonal
&8 Step R together, cross L over R

S6: Side, ½ Hinge, Hold, Together, Side, 2x ¼ Pivot Turns

1,2,3 Step R to R side, make ½ hinge turn over L stepping L to L side (6:00), hold
&4 Step R together (&), step L to L side
5,6,7,8 Step R fwd, pivot ¼ turn L (weight on L) (3:00), Step R fwd, pivot ¼ turn L (weight on L)
(12:00)

Option: Roll hips anti-clockwise when you make the 2x pivot ¼ turns.

S7: 2x Walks Forward, Lock Step Forward, Rock Forward, Recover Back, ½ Turning Shuffle Forward

1,2,3&4 Walk R fwd, walk L fwd, step R fwd, lock L behind R (&), step R fwd

** RESTART – Wall 5

5,6,7& Rock L fwd, recover back onto R, turn ¼ L stepping L to L side (9:00), step R together (&
8 Turn ¼ L stepping L fwd (6:00)

S8: Kick, Together, Point, Hitch, Ball-Step, Jazz Box with a Touch Together

1&2,3&4 Kick R fwd, step R together(&), point L to L side, hitch L knee up, rock/ step L to L side (&),
recover weight onto R

***RESTART – Walls 1 & 3**

5,6,7,8 Cross L over R, step R back, step L to L side, touch R beside L

S9: Forward, Lock Behind, 2x Walks Forward, Kick, Together, Point, Hitch, Ball-Step

1,2,3,4 Step R fwd, lock L behind R, step R fwd, step L fwd

5&6,7&8 Kick R fwd, step R together (&), point L to L side, hitch L knee up, rock/ step L to L side (&),
recover weight onto R

***RESTART: During the FIRST & THIRD walls, you will begin the dance facing 12:00.**

Dance to count 60 * and Restart facing 6:00.

**** RESTART: During wall FIVE, you will begin the dance facing 12:00.**

Dance to count 52 and Restart facing 12:00.**

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