You Know I Go Get



拍數: 48 牆數: 4 級數: Beginner

編舞者: Molly Yeoh (MY) - April 2020

音樂: You Know I'll Go Get (DJ Terbaru 2020 Remix) - Rizky Ayuba



Intro: 32 counts to start ...

End of Wall 2, restart after 36 counts (face 3 o'clock) End of Wall 4, restart after 24 counts (face 6 o'clock)

Note: Feel free to ignore the restarts, easy for new members

(SEC 1) HAND MOVEMENTS, ELBOW BEND PUSH TO LEFT & ABOVE HEAD

Bend left elbow push to L side @ 1, 2 (weight on Lf)
Bend left elbow push to L side above head @ 3 4

5 6, 7 8 Repeat (Sec 1) 1 2 3 4

(SEC 2) LUNGE BODY FORWARD AND PUSH BACK, HANDS BEND

1 2 Lunge or push fwd your upper body, Move back your upper body (engaging your core)

3 4 Both hands overlapping (feel free sway your body)

5 6, 7 8 Repeat (Sec 2) 1 2 3 4

(SEC 3 & SEC 4) Repeat Sec 1 & 2

End of Wall 4, restart after Sec 3: 24 counts (face 6 o'clock)

(SEC 5) RIGHT AND LEFT DIAGONAL WALK, CLAP

1 2 3 4 Right diagonal walk fwd RLR, Lf step beside R and clap

*End of Wall 2, restart after 36 count (face 3 o'clock)

5 6 7 8 Left diagonal walk fwd LRL, Rf step beside L and clap

(SEC 6) JAZZ BOX 1/2 TURN, STEP TOUCHES

1 2 Cross R over Lf to 9 o'clock, ¼ R turn, Lf step to L side (bit behind),

3 4
1/4 R turn, Rf step fwd, Lf touch beside Rf @4 (3 o'clock).
5 6 7 8
Lf step to L, Rf touch beside L, Rf step to R, Lf step beside R

Enjoy!

Inspired by Tiktok challenge steps in You Tube, this simple choreography is formed. Just enjoy!

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TQVM!